



# ONE STOP FOR ADVENTURE

## RIVER ADVENTURES

### FULL-DAY RIVER ADVENTURE

World-famous scenery and a barbecue lunch rafting the Colorado River. 8:15am - 4:00pm (min age: 5)

\$72 \$58

### COLORADO RIVER A.M. HALF-DAY

Raft the river from Fisher Towers to Rocky Rapid. 8:15am - 12:30pm (min age: 5)

\$48 \$38

### COLORADO RIVER P.M. HALF-DAY

Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5)

\$59 \$47

### WESTWATER CANYON FULL-DAY

Enjoy exciting whitewater rapids & lunch in this unique Canyon. 6:45am - 6:00pm (min age: 10)

\$165 \$165

### TWO-DAY RAFT & CAMP

All meals and camping equipment provided, rafting moderate rapids, relax into the scenery. (min age: 5)

\$249 \$179

## HUMMER SAFARIS

### SLICKROCK SAFARI

Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 1pm, 4pm (2 hrs)

\$79 \$49

### GRAND SAFARI

Further explore the backcountry in the world's most serious 4x4. Departs 7am, 12:30pm (4 hrs)

\$165 \$119

### SUNSET SAFARI

The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)

\$89 \$69

## MOUNTAIN BIKING

### HALF-DAY MOUNTAIN BIKING

Easy to moderate rides. Enjoy scenic desert and red rock oasis. Includes bike rental, helmet, water. (4 hrs)

\$85 \$85

### CANYONLANDS SUNRISE DOWNHILL

Relaxing downhill ride w/ breakfast. Enjoy grand vistas at every turn. Departure times vary. (5 hrs)

\$100 \$85

## CLIMBING & CANYONEERING

### EPHEDRAS GROTTO CANYONEERING

Excellent canyoneering intro gives you access to seldom seen canyons with exciting rappels! 5 hrs (min age: 10)

\$99 \$84

### DESERT ROCK CLIMBING

Climbing, instruction, and fun on rope and rock! All equipment provided. 5 hrs (min age: 5)

\$99 \$84

## ARCHES N.P. TOURS

### ARCHES FIERY FURNACE HIKE

Explore a maze of astounding hidden chasms with one of our guides on this unique hike. 7:15am - 12:30pm

\$79 \$59

### ARCHES SUNSET TOUR

Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)

\$89 \$69

## FLIGHTS & HORSEBACK

### HOT AIR BALLOON RIDES

Soar over the sandstone valleys and spires of Moab from an unforgettable perspective. (Approx 3.5 hours)

\$249 \$220

### CANYONLANDS SCENIC FLIGHT

See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am

\$150 \$150

### CASTLE VALLEY HORSEBACK RIDE

2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 3:30pm (min age: 8)

\$70 \$70

## JETBOAT TOURS & MORE

### CANYONLANDS JETBOAT

Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs)

\$80 \$70

### SUNSET JETBOAT & DINNER

1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP.

\$70 \$60

### DINNER & NIGHT SHOW

1 hr Dutch-oven dinner plus 2 hr light show on slow-moving boat ride on the Colorado River.

\$65 \$55

## JEEP RENTALS

### DAILY & MULTI-DAY RENTALS

Explore Moab, the world's number one off-road destination, in a 4 door Jeep Rubicon. Includes area maps!

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# MOAB HAPPENINGS

FREE COPY

NOVEMBER 2011

Volume 23 Number 8

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Moab Folk Festival  
Nov 4-6

i Viva Frida!  
celebration



Moab Art Walk  
Saturday, Nov 12

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MOAB, UTAH 84532

Come visit us at 225 S. Main Street



# MOVIE STAR HAPPENINGS

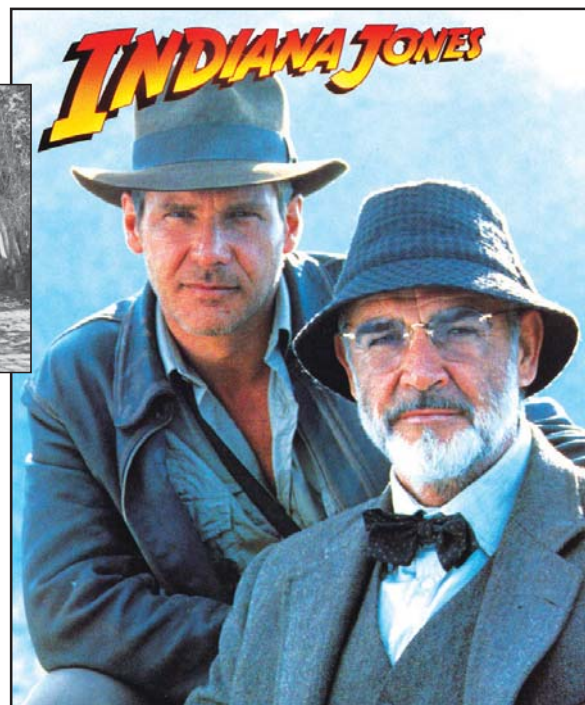
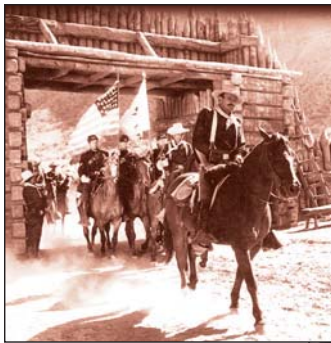
## Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado river, is home for the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.



**A partial list of stars that have made movies in Moab**

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.

Book your Holiday Parties!  
Special Lodging Rates!  
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**RED CLIFFS LODGE**  
*Moab's Adventure Headquarters*

**Off-Season Rates  
1/2 Price**  
(excluding Thanksgiving Weekend)

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PRIVATE PATIOS & KITCHENETTES

**All you can eat Traditional Thanksgiving Buffet**

Expanded Menu! Slow cooked Turkey  
Slow Roasted Beef • Honey Glazed Ham  
Fresh Mashed Potatoes • Sweet Potatoes  
Breads • Salads • Pies • Fresh Vegetables

Call for Reservations

PRESENT THIS COUPON AT CHECK IN FOR  
**\$50 RESORT CREDIT**  
WITH A TWO NIGHTS STAY

www.redcliffslodge.com • Mile 14 on Hwy. 128, Moab, Utah 84532 • 435-259-2002 • 866-812-2002

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- Oversize TV with HBO
- On site Restaurant

**Winter Special \$59.95 Double Occupancy**

# MOAB AREA EVENTS CALENDAR

**Moab Recreation & Aquatic Center**

**OPEN SWIM**

- Fitness Classes
- Lap Swim
- Water Aerobics

2-5 weekdays  
1-5 weekends

374 Park Ave (435) 259-8226  
Visit website for fees & schedules  
www.moabcity.org/mrac


**MOAB COACH**  
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ISLAND IN THE SKY, CANYONLANDS N.P.  
AND LA SAL MTNS.



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**Edge of the Cedars State Park Museum**



660 West, 400 North, in Blanding, Utah.  
For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload  
Annual Passes are \$75  
Park Hours: 9 a.m. to 5 p.m. Year-round  
Open Monday-Saturday. Closed Sundays  
Holiday Closures: Thanksgiving, Christmas Day, and New Years Day

**Moab Golf Course**  
Scenic 18 Holes



Open to the public  
all year long,  
seven days a week!

Call for tee times  
435-259-6488

**HAPPY THANKSGIVING**



## NOVEMBER

- 1 Moab Reads Community Book Discussion at the Castle Valley Library Branch** at 6:00 pm. 2011 Moab Reads selection is *Refuge* by Terry Tempest Williams. Refreshments and discussion questions will be provided. Castle Valley Library Branch is located in the Castle Valley Community Center.
- 1 Moab Folk Camp Teacher Concert, 7 pm, Moab Arts & Rec Ctr.** FREE Concert. Cosy Sheridan, TR Ritchie, Dave Steward, Eric Jones, Anke Summerhill, Penny Nichols, Alisa Fineman, Kimball Hurd and more. www.moabfolkcamp.com
- 2 Celebration of the Dia de los Muertos (Day of the Dead)** at the Moab Valley Multicultural Center 4-5 p. m. see article on page 13A
- 3 Benefit Concert & Regional Showcase: Red Rock Rondo performing Zion Canyon Song Cycle, Star Hall 7:30 pm.** with Phillip Bimstein, Hal Cannon, Kate MacLeod, Charlotte Bell, Flavia Cervino-Wood and Harold Carr. Free and Open to the Public (Donations appreciated). Silent Auction & Raffle. Part of the 9th annual Moab Folk Festival.
- 4-6 Moab Folk Festival.** Performers include singer-songwriter Karla Bonoff and Michael Martin Murphey. Cheryl Wheeler, Ferron, Steve Forbert, Peter Mulvey, Karen Savoca with Pete Heitzman, Kate MacLeod Antje Duvekot, Boriss McCutcheon and the Salt Licks, Alicia McGovern and Waiting on Trial. Moab Ball Field and Grand County High School Auditorium are the concert locations. Tickets available online at www.moabfolkfestival.com or locally at Canyonlands Copy Center or Back of Beyond Books. See page 16B for day by day schedule.
- 4 Open House at The Episcopal Church of St. Francis** for the entire community from 3-7pm. The community is invited to come and view the two new stained glass windows that were recently installed in their worship area. The windows were designed by local artist Serena Supplee and commissioned by St. Francis members. The work was done by Glass Work of Grand Junction, Colorado. The scenes depicted are Colorado River scenes. They are very impressive. Not only in size but by the workmanship that went into them. Light refreshments will be served.
- 4 Dave Steward & David Earl Brown** live music at Eddie McStiff's
- 4 Frankie D's 9:30 pm Mid Life Crisis** - Classic Rock
- 5 Frankie D's 9:30pm Brad Manosevitz and the Flying Tourettes of Berzerkerstan** Americana / Folk Rock / Bluegrass
- 4-6 Moab Folk Festival** See schedule on page 16B.
- 5 Moab Trail Marathon, 1/2 Marathon and Adventure 5K.** Starting at 8:30 am. The race route will highlight the scenic trails around the Kane Creek area. 600 runners will be participating. For more info call Nellie at 435-259-7844 or 970-389-4838 or online at www.moabtrailmarathon.com.
- 5 & 6 GiGi Love** live music at Eddie McStiff's
- 7 Colorado Mesa Faculty Brass Quintet** performs first concert of the season. Featuring new music by American composers as well as contrapuntal work by J.S. Bach and a unique arrangement of the Beatles' "Blackbird" featuring Sean Flanigan on trombone. This concert also features Calvin Hofer as trumpet soloist on Alexander Goedicke's "Concert Etude." It will be an electric concert with something for everyone. Moss performing Arts Center Recital Hall, 7:30 p.m. \$10 Adults, \$8 Seniors, \$5 Students. For more information contact the box office at 970-248-1604.
- 8 ELECTION DAY**
- 8 Election Day Dinner** at St. Pius X Catholic Church...Entire community invited to break bread together before election results are known.
- 8 TJ Kong & The Atomic Bomb** - Live Music at Eddie McStiff's
- 8 Old North State** - Live Music at Eddie McStiff's
- 9 Moab Reads Community Book Discussion** at the Grand County Public Library, 257 E. Center Street, at **6:00 p.m.** 2011 Moab Reads selection is *Refuge* by Terry Tempest Williams. Refreshments and discussion questions will be provided.
- 10 Frida and Mexico films at the MARC all day (12 noon to 9:30 p.m.)** – films will include some of the following: *When Worlds Collide*, *The Untold Story of the Americas After Columbus* (PBS film), *Frida: Naturaleza Viva*, *Tizoc*, *Tina in Mexico*, *Frida*, *De ida y vuelta*, *Cabeza de Vaca*. There will be a Frida and Diego Look-Alike contest with judging at 7 p.m. read more on page 13A
- 10 1st Annual Adult Spelling Bee Fundraiser** 6:30 PM Grand County High School Auditorium To raise money to fund educational programs and projects benefitting students attending Grand County Schools. Call Annie Larsen at 970-231-9328 for more information.
- 10 Moab Reads Community Book Discussion** at the Grand County Public Library, 257 E. Center Street, at **2:00 pm.** 2011 Moab Reads selection is *Refuge* by Terry Tempest Williams. Refreshments and discussion questions will be provided.
- 11 VETERANS DAY**
- 11-13 Moab River Rendezvous** read article on page 14A & ad on page 2A. For specific times and event registration visit www.moabriverrendezvous.com
- 11 Historic River Film Festival** at Star Hall presented by Roy Webb, river historian and media archivist with University of Utah Library. \$5 at door

For more info on events see [www.moabhappenings.com](http://www.moabhappenings.com)

## Old Spanish Trail Arena



Have your event at the Arena!  
We do Horse Shows, Dances, Fashion Shows, UTV Rallies.  
ANYTHING is possible!!  
Sound System • Conference Room  
Concession • Climate Controlled  
for year round comfort.  
Call 435-259-6226

## Fallen Arches Square Dance Club

Thursday Nights 7:30 - 9:30 p.m.  
The Grand Center  
182 N. 500 West, Moab, Utah  
**All Square Dancers & Visitors Welcome**  
Please call to verify dance and for lesson information:  
Bob or Flora 435-259-2724  
Tom or Sandy 435-719-4169



**MOAB CITY'S 17TH ANNUAL TURKEY TROT**



November 19  
Swanny City Park  
9:00 AM

Register online [www.moabcity.org](http://www.moabcity.org)  
or day of race.  
Call (435) 259-2255 for more information

**MOAB ART WALK 2011**

November 12



## Visit the Grand Center!

182 N. 500 W. 435-259-6623

Lunch: Mon., Tues., Wed. & Fri.  
Under 60 \$6.00/ over 60 \$2.50  
suggested donation.

Exercise, Crafts, Health Day, Cards,  
Wii, Classes, Crafts, Movie Day  
[www.grandcountyutah.net](http://www.grandcountyutah.net)

**DEADLINE for DECEMBER Events Calendar: NOVEMBER 20, 2011**

Listings in the *Moab Happenings* Events Calendar are **FREE!!**

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: [info@moabhappenings.com](mailto:info@moabhappenings.com)

# MORE MOAB AREA EVENTS

## 11-12 Frankie D's 9:30pm DJ Kid Steve-O

**12 "A Feast of India"** Fundraiser for Canyonlands Community Recycling (CCR) Join us for a great Indian meal, the premiere of our new recycling video, and a dance performance by Bollywood Moab. Dinner will be prepared by the Derasary family, who has roots in Ahmedabad, India, and served in the Eddie McStiff's dining room at 7:00 pm. Tickets \$25 available through November 10 at the WabiSabi Thriftique & Warehouse, Moab BARKery and Back of Beyond Books. Contact CCR for more info: 210-4996, ccr@moabrecycles.org or www.moabrecycles.org.

**12 Moab Rotary Auction** .. Live radio/tv fundraiser. Listen to KCYN; watch Channel 6 TV.

**12 Moab Art Walk** 5-8 pm. Stroll around town on Saturday night. see page 12A for location map. Artist receptions. Special this month: Frida Kahlo plus Finding Frida Treasure Hunt.

**14 Moab Reads 2011 Evening with the Author.** "Finding Refuge is Change: A Conversation with Terry Tempest Williams" 7:00 pm at Star Hall. Free tickets available at the library! Pick some up today! This program has received funding from the Utah Humanities Council.

**16 Introduction to Consensus - Based Decision Making** - 6-7:30 pm at the Grand County Library. All are welcome to an introductory to facilitating group meetings by consensus. No experience necessary.

**17 On the Utah Film Circuit: "Into Eternity"** Free screening of November's documentary at Star Hall at 7:00 pm. Winner of over 16 international film festival awards. Call the Library at 435-259-1111 for more info. An initiative of the Grand County Public Library and the Utah Film Center.

**17 Journey Beyond Book Group** at the Seekhaven Chapel 81 North 300 East. November's book selection is *Tender at the Bone* by Ruth Reichl. All are welcome! Books provided by the Utah Humanities Council are available for checkout at the library.

**18 Moonflower Market 10 Year Anniversary Celebration** 10:00 am see article on page 11A

**18 Dave Steward & David Earl Brown** - Live music at Eddie McStiff's

**19 Turkey Trot, 9 am at Swanny City Park.** 5K run starts at Swanny City Park at 9 am. Pre-register for \$10 at www.moabcity.org or 8:00 am day of the race for \$15. Proceeds benefit youth sports programs. Turkeys and prizes for age group winners! All ages & abilities encouraged - you can even run with your pooch. Call 259-2255 for more info.

**19 Chocolate Lovers Prom: New York Night!** 6-8:30 pm \$10 to support Club Red: Center Street Gym Moab Teen Center. Call 435-259-9991 for more details.

**19 Electronics and Alkaline Battery Recycling Drive** - Canyonlands Community Recycling and WabiSabi want to help you responsibly recycle old electronics & alkaline batteries! Bring them to the WabiSabi Thriftique between 9am and 2pm. We can accept almost anything that plugs in. We can't accept freon-containing items or leaking or corroded batteries. Businesses will be charged \$0.25/lb for electronics, and households are encouraged to donate at the same rate. Everyone will be charged \$2.00/lb for batteries. For a list of what individual items tend to weigh/cost, see the flyer at www.moabrecycles.com/pdfs/ewaste.pdf or contact CCR at 210-4996 or ccr@moabrecycles.org.

## 24 THANKSGIVING

**24 6th Annual Community Thanksgiving Dinner** hosted by WabiSabi from 2pm-5pm at the Grand Center

**25 The Porchlights** - Live music at Eddie McStiff's

**26 The Porchlights** - Live music at Eddie McStiff's

## December

### 2-3 Moab Winter Sun Festival

Tree Lighting, Winter Sun 10K, Electric Light Parade, Holiday arts & craft fair, Grand Center Gift Fair merchant specials and more.

**3 Cortez Parade of Lights** on Main Street, 6 pm see ad on page 14B. Call Gayel at 970-654-4095

**8 Utah Film Circuit: *Buck***, December's film is a free screening at Star Hall at 7:00 pm. 2011 Sundance Film Festival Audience Award Winner. Call the Library at 435-259-1111 for more information. Moab is an initiative of the Grand County Public Library and the Utah Film Center.

## 2012 Moab Events

March 10-13 ..... Skinny Tire Festival

March 12 ..... Banff Mountain Film Festival

March 17 ..... Canyonlands Half Marathon

March 31-April 8 ..... Easter Jeep Safari

April 27-29 ..... April Action Car Show

May 12 ..... Gran Fondo Moab



Moab Area Chamber of Commerce  
www.moabchamber.com • (435) 259-7814

### WINTER SUN ACTIVITIES

December 2<sup>nd</sup> & 3<sup>rd</sup>

Join Us For A Full Weekend Of Great Events

**Friday, December 2<sup>nd</sup>** AND DON'T MISS -  
Chamber Silent Auction at the Gift Fair *Main Street Merchant Specials,*  
4:00pm - 8:00pm at Grand Center *Musicians & Carolers*

Tree-lighting Ceremony with Hot Chocolate, Cookies, and Santa  
Courthouse 5:00pm

Presentation of the Chamber's Citizen and Business of the Year

**Saturday, December 3<sup>rd</sup>**  
Chamber Silent Auction at the Gift Fair  
9:00am - 3:00pm at Grand Center

Chamber Silent Auction at the MARC Arts & Craft Fair, 9:30am  
5:00pm

Winter Sun 10K, 10:00am

Electric Light Parade with Grand Marshals, Citizen of the Year

Volunteer for your  
favorite special event

## Adult Spelling Bee

First Annual Moab Adult Spelling Bee to be Held November 10 at Moab's Historic Star Hall!

Can you spell "friendly competition"? Come watch teams of spellers from Moab area neighbors, businesses and organizations who will be competing in the 1st Annual Moab Adult Spelling Bee to benefit The Grand County Education Foundation (grandcef.org). The event takes place on Thursday, November 10, 6:30 PM -8:00 PM at Star Hall, 159 E. Center St, Moab.

Three-person teams will compete for trophies and prizes by correctly spelling a series of words from Merriam Webster's Word lists. How does the team concept work? Team captains, in conference with the other spellers on their team, have a short time to write the word on a white board. Spellers come up with a team name and can win prizes for team costumes, the zanier the better. KZMU Radio personalities, Jeff Flanders and Colleen Beever will serve as moderators for the event with judges and timers from local community service organizations.

Event entry fees from the teams will benefit education programs in Grand County Schools. "We invite everyone to attend this event to watch the fun," says Valerie Brown, of The Grand County Education Foundation. "We'll have refreshments and door prizes as well as the fun of watching our spellers compete."

Would you like to pit your spelling skills against other great spellers in Moab? To become a team sponsor or to put together a team of your own, please call Valerie at 260-2808 or Annie at 970-231-9328, email: moabannie@gmail.com

Established in 2009, The Grand County Education Foundation is a 501(c)(3) non-profit organization whose sole purpose is to fund educational projects, activities, and programs benefitting the students in Grand County Schools.



## WabiSabi Community Thanksgiving Dinner

WabiSabi is offering a free community Thanksgiving Dinner on Thursday, November 24, from 2:00 to 5:00 p.m. at the Grand Center. The dinner is made possible by generous donations from the community and local sponsors. Everyone is invited to attend or volunteer at the event.

This is the sixth year WabiSabi has offered its Hands Up Thanksgiving Dinner, and last year 500 meals were served. Over 100 volunteers cook, serve, clean, decorate and coordinate the meal. The Youth Garden Project and the Grand Center contributes their facilities for cooking and serving. BEACON After School Program provides the decorations. Real Estate Company of Moab and CEM Property Services sponsors Chef Ken Moody, as he offers his culinary skills as he has in years past. "Ken's generosity in time and skill are essential to this community feast! He really goes the extra mile to make it homemade. He prepares the food with heart and you can taste it," says Ariel, who has worked with Ken on other community events.

"There are tons of people in this town that have no family to spend the holidays with," says Holly Dinsmore, WabiSabi's Warehouse Manager and organizer of the Hands Up community meals. "We don't want people to be alone during the holidays. Also, this is the off-season. People are getting laid off, and money is a real issue."

However, as Dinsmore points out, the Thanksgiving Dinner is more about creating a sense of community than just helping people through lean economic times. She notes that a broad cross-section of the community attends each year, from schoolteachers and business owners to the unemployed and homeless. "The free meal is appreciated," she says, "but the bonds of community are essential."

WabiSabi is currently seeking volunteers to help with meal setup, serving and cleanup. Anyone interested in getting involved can contact Ariel Atkins at 259-2553 or programs@wabisabimoab.org. Unfortunately, WabiSabi is unable to accept food donations from individuals. Everything served must be prepared in a commercial kitchen. However, financial contributions to the event may be mailed to WabiSabi, 1030 Bowling Alley LN, Moab, UT 84532.

Dinsmore points out that generous community involvement is vital to the success of the event.

"It's over-the-top fabulous," she says. "It's a wonderful thing to see tons of volunteers step up each year. People from everywhere in the community just jump in and help set tables, cook the food and serve it."

"Hands Up is a chance for the individuals, nonprofits and businesses of Moab to unite in sustaining area residents and the community at large," she adds.

WabiSabi is an integral part of the Moab community, supporting its eclectic sense of identity and the diversity of residents that comprise it. To learn more, visit www.wabisabimoab.org.



### MARK YOUR CALENDAR FOR THE GRAND CENTER GIFT FAIR

Friday December 2nd from 4pm—8pm  
Saturday December 3rd from 9am—3pm

The Fair is located at the  
Grand Center at 182 N. 500 W. Moab, Utah  
Over 40 vendors will be here to help you  
with your 2011 Christmas list

The Grand Center's Café will be open during the Fair

- Navajo tacos
- Hot dogs
- Assorted chips
- Chili dogs
- Frito Pie
- Chicken noodle soup
- Assorted Pie selection
- Assorted pop selection

The Center's famous cinnamon rolls and sticky buns  
will be available both days!!!!!!!

Booth Rentals are a fundraiser for RSVP 259-1302  
Café proceeds go to benefit the Senior Center  
259-6623



# THANKSGIVING HAPPENINGS

## Let's Talk Turkey: Where can you go for Thanksgiving Dinner?

With the changing season, it can be challenging to figure out which restaurants are open and what hours for dining out in Moab. But do not despair, many of Moab's restaurants stay open year-round, but they do adjust their hours to meet public demand. Each month "Moab Happenings" endeavors to call around and update the restaurant guide to reflect this seasonal metamorphosis. This month we called around and as a service to those who would like to treat themselves, friends & families to Thanksgiving Dinner without the fuss of cooking and cleaning up after, here's a run-down of who is serving on this special day. **For more information, see the Restaurant Guide on pages 7A - 11A.**



### Buck's Grill House & Vista Lounge

Traditional Thanksgiving menu with a gourmet flair! Entree choices include Turkey, lamb and trout. Vegetarian will be available upon request. Open 3pm-7:30pm (435) 259-5201

### Cowboy Grill at Red Cliffs Lodge

An All-You-Can Eat Thanksgiving Dinner Buffet featuring hand carved, slow roasted beef, turkey and all the traditional side dishes, including homemade desserts. Seatings at 12:00 noon, 2:00pm, 4:00pm and 6:00pm. By reservation only. (435) 259-2002

### Denny's

Moab's only 24 hours a day restaurant will be serving a Thanksgiving Dinner along with their regular fare.

### Eddie McStiff's Restaurant & Brew Pub

Eddie McStiff's will be serving our regular menu as well as a traditional Turkey Dinner and a special steak, seafood and Vegetarian/vegan entree. Parties of 10 people or more please call for reservations. Open from 4:00 pm to 9:00 pm. Let Eddie do the cooking! 57 South Main Street - in McStiff's Plaza. (435) 259-2337

### Frankie D's Bar & Grill

Open regular hours.

### Leger's Sandwiches

Serving sandwiches, chicken and salads, made to order from 6am - 2pm. Located inside the Moab Chevron, South end of town. (435) 259-2212

### Moab Coffee Roasters

Open from 7am-7pm  
Coffee and desserts including pastries. (435) 259-2725

### Moab Brewery

Moab Brewery is open for it's 15th annual Thanksgiving dinner! Offering a special Thanksgiving menu - including a traditional turkey dinner with all the fixings. Also offering special seasonal appetizers and desserts. Open for early bar appetizers at 11:30 am. Seating begins at 1 pm til 9 pm for the restaurant. Accepting reservations for parties of 10 or more. (435) 259-6333.

### Pancake Haus

Open for breakfast only on Thanksgiving Day.

### Peace Tree Juice Cafe

Open for Breakfast and Lunch 7am - 2pm with regular menu.

### Red Rock Bakery & Net Cafe

Open at 7:00am until 1 pm. on Thanksgiving morning. Serving fresh baked goods, pastries, breads and locally roasted Fresh Moab Coffee. Pre-order pumpkin pies. (435) 259-5941

### Sorrel River Grill

Open for dinner with special menu available. Reservations recommended. (435) 259-4642

### Szechuan Restaurant

Regular menu and hours.

### Sunset Grill

This will be the 18<sup>th</sup> year the Sunset Grill has been serving their traditional Thanksgiving Dinner featuring roast turkey or honey baked ham and all the fixings! Serving from 3:00 pm til 9pm on Thanksgiving Day. Call for reservations. (435) 259-7146

### Wake & Bake Cafe

8am-12pm for coffee and breakfast (435) 259-2420

### Zax

Open from 4pm-9pm  
Special Holiday Menu  
(435) 259-6555



### Community Thanksgiving Dinner

Share a meal and a story with your neighbors at WabiSabi's Community Thanksgiving Dinner. A traditional feast will be served along with vegetarian options. Everyone is invited to this free community meal located at the Grand Center, 182 North 500 West. Serving from 2:00pm to 5:00pm November 24<sup>th</sup>. For more information call (435) 259-3313.

The management and staff of  
**Moab Happenings**  
wishes you a very Happy Thanksgiving!

# MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539 .....	259-6396	Moab Duplicate Bridge Club (Gail Darcey) .....	259-1733
Alcoholics Anonymous/Alanon .....	259-7556	Moab Friends For Wheelin' (Jeff Stevens) .....	259-6119
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Garden Club (Tricia Scott).....	259-6342
American Legion Post (Bill Smith).....	259-3470	Moab Half Marathon (Ranna Bieschke) .....	259-4525
Arches Adult Education (Trish Hedin) .....	259-2293	Moab Horse Racing Association (Chuck Henderson) .....	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson) .....	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried).....	260-9252
BEACON (Stephanie Dahlstrom) .....	260-1143	Moab Lodging Association (Britnie Ellis).....	259-6171
Boy Scouts of America (Kent Dalton) .....	259-6521	Moab Masonic Lodge #30 .....	www.moabmasons.org ... 260-9169
Canyonlands Field Institute (Karla Vander Zanden) .....	259-7750	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Film Society (Becky Thomas) .....	259-2286	Moab Poets & Writers (Marcia Hafner) .....	259-6197
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Points & Pebbles Club (Jerry Hansen).....	259-3393
Canyonlands Wildlife Federation (Dave Bierschied) .....	259-8217	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Rod Benders (Jim Mattingly).....	259-5858
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Ropers Club (Terry Lance).....	259-9972
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Delicate Stitchers Quilt Guild (Shauna Dickerson) .....	259-0906	Moab Taiko (Stephanie Dahlstrom) .....	259-2264
Elks Lodge #2021 (Dan Stott) .....	259-7334	Moab Teen Center-Club Red .....	259-9991
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Trails Alliance (Kimberly Schappert) .....	260-8197
Friends of Indian Creek (Emma Medara) .....	259-3586	Moab Valley Multicultural Center (Nicole Shelnut or Leticia Bentley).....	259-5444
Friends Of the Grand County Library (Adrea Lund).....	259-1111	Mutual UFO Network (Elaine Douglass).....	259-5967
Grand County Public Library.....	259-5421	Order of the Eastern Star (Fran Townsend) .....	259-6469
Girl Scouts of The U.S.A. (Cynthia Williams) .....	259-6683	Parent Teacher Association (Tiffany Saunders).....	259-5830
Grand Area Mentoring (Dan McNeil) .....	260-9645	Plateau Restoration/Conservation Adventures (Tamsin McCormick) .....	259-7733
Grand County Democratic Party (Mike Binyon).....	259-1633	Red Rock Astronomers.....	259-4743
Grand County 4-H (Marion Holyoak).....	259-7558	Red Rock Forests .....	259-5640
Grand County Extension (Michael Johnson).....	259-7558	Red Rock 4-Wheelers (Ber Knight) .....	259-7625
Grand County Food Bank .....	259-6456	Retired Senior Volunteer Program RSVP (Jody Ellis) .....	259-1302
Grand County Hospice (Tracey Harris).....	259-7191	Rotary Club (Kyle Bailey).....	259-6879
Grand County Prevent Child Abuse .....	260-1039	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Humane Society of Moab Valley .....	Animal Services 259-4862	Senior Center (Verleen Striblen) .....	259-6623
Ladies Golf Club (Chris Corwin).....	259-5344	Sierra Club (Mike Stringham).....	259-8579
League of Women Voters (Cynthia Smith) .....	259-5306	Solutions (Sara Melnicoff) .....	www.moab-solutions.org ... 259-0910
Lion's Club (Tom Warren).....	259-7834	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Moab Arts Council (Bruce Hucko) .....	259-4176	Southern Utah Wilderness Alliance (Liz Thomas).....	259-5440
Moab Arts Festival (Theresa King) .....	259-2742	Toastmasters International .....	259-5767
Moab Arts & Recreation Center .....	259-6272	Trail Mix Committee (Sandy Freethey).....	259-0253
Moab Bird Club (Nick Eason).....	259-6447	Valley Voices (Marian Eason).....	259-6447
Moab Chamber of Commerce (Kammy Wells) .....	259-7814	Veterans of Foreign Wars (Matt Keogh) .....	260-9822
Moab City Recreation (John Geiger) .....	259-2255	WabiSabi (Jeff Cohen) .....	www.wabisabimoab.org ... 259-3313
Moab Community Theater (Kaki Hunter) .....	259-8378	Word Watchers (Nancy Kurtz) .....	259-0734
Moab Country Club (Rob Jones).....	259-6488	Youth Garden Project (Jen Sadoff) .....	259-BEAN (2326)

**VISITING ROTARIANS:** Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

**VISITING ELKS:** The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

# RESTAURANT GUIDE



**Moab's ONLY ONSITE Microbrewery & Restaurant**

State Liquor Licensee

Orders To Go  
Beer To Go  
PATIO SEATING  
KIDS MENU  
GELATO

**STEAKS • BURGERS • BBQ • SALADS • SEAFOOD**

**LUNCH & DINNER DAILY - OPEN 11:30 AM**  
686 South Main • 259-6333  
(McDonald's is next to us)

## How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.



The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their tavern, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Eddie McStiff's Restaurant, Brew Pub and Bar has 12 beers on tap and a tiki bar where you can get a glass of wine or a cocktail and beer without ordering food.

The Rio Sports Bar & Grill boasts Moab's largest selection of liquor with indoor and outdoor seating (must be 21 years or older).

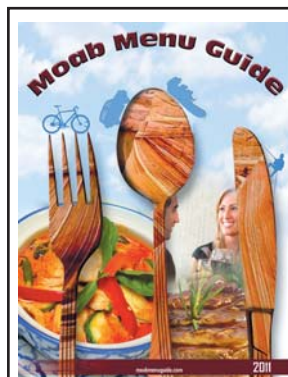
Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The **Utah State Liquor Store** is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at **55 West 200 South** and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."



Pick up a copy of the **Moab Menu Guide** at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at [www.moabmenuguide.com](http://www.moabmenuguide.com).

**Celebrating 30 Years!**  
*Spicing your Life since 1981*



**RESTAURANT**  
*Mexican American*

OPEN MON-SAT AT 11 AM  
CLOSED SUNDAYS STARTING NOV 13  
SERVING LUNCH AND DINNER  
DAILY SPECIALS • VEGETARIAN FRIENDLY

574 NORTH MAIN • MOAB, UTAH • 435-259-6319



• Taste It •  
• Love It •  
• Crave It •

**Buy One 6" Sandwich, Chips & Two Regular Drinks...and get 2nd 6" Sandwich FREE with this coupon!**

Offer good with coupon at Moab Location Only - Across from City Market FREE

**Buy any Teriyaki Stix Entree and Two Regular Drinks & get a 2nd Entree FREE!**

Offer good with coupon at Moab Location Only - across from City Market FREE

**Teriyaki Stix™**  
Japanese Grill

396 So. Main • Open Everyday • 259-2656  
One Coupon per Customer per Day

Espresso  
Coffee  
Gelato

90 N. Main St.  
Moab, UT  
259-2725



Pastries  
Smoothies  
WiFi

FRESH ESPRESSO AND COFFEE BY THE CUP OR BY THE BAG, AND 18 FLAVORS OF FABULOUS GELATO

HOURS OPEN: 6:30 am - 9:00 pm Everyday



**Singha**

*Authentic Thai Cuisine*

Lunch: Monday - Saturday 11:00 - 3:00 p.m.  
Dinner: Monday - Sat 5:00 - 9:00 p.m.  
Closed Sunday

Now Serving Beer, Wine & Saki

92 E.Center Street  
Moab, Utah 84532  
Tel: 435-259-0039  
Fax: 435-259-0005



**BRANDING IRON**  
STEAKHOUSE, BBQ & GRILL

DINNER AT 5PM  
7 DAYS A WEEK

Featuring:  
**Prime Rib**  
**BBQ Baby Backs**  
**Broiled Steaks**

FULL SERVICE LIQUOR LICENSE

2971 So. Hwy 191 • 259-6275  
3 miles south of Moab • NOW OPEN!

**JAILHOUSE CAFE**

101 NORTH MAIN STREET

**Moab's Breakfast Place**

Open 7 am to 12 Noon

"Good Enough for a Last Meal"

Your Home Town



**Pizza Hut®**

265 South Main, Moab  
Open Daily • 259-6345

Sunday - Thursday 11 am - 10:00 pm  
Friday/Saturday 11:00 am - 11:00 pm  
Pick-Up Available

# RESTAURANT GUIDE



# RESTAURANT



## Jeffrey's STEAKHOUSE

CASUALLY UPSCALE  
CLASSIC STEAKHOUSE FARE

218 NORTH 100 WEST  
259-3588  
JUST SLIGHTLY OFF MAIN

ENJOY OUR PATIO

WE ARE PROUD TO SERVE LOCAL ORGANIC  
PRODUCE WHEN AVAILABLE

OPEN NIGHTLY MON - SAT AT 5:00PM  
CALL FOR RESERVATIONS  
CLOSED SUNDAYS STARTING NOV 13  
WWW.JEFFREYSSTEAKHOUSE.COM

STATE LIQUOR LICENSEE

### Bar M Chuckwagon

7000 North Highway 191 259-BAR-M(2276)  
Dinner

Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

### Branding Iron Bar & Grill

2971 South Highway 191 259-6275  
Dinner at 5pm

Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

### Buck's Grill House & Vista Lounge

1393 North Highway 191 259-5201  
Dinner

Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Beautiful secluded patio dining. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

### Burger King

606 South Main 259-2700

### Cassano's Italian Restaurant

11 East 100 North 259-6018  
Open Wed. - Sun. 12 - close • Closed Mon. + Tue.

Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

### China Cafe

812 South Main 259-7933

### City Market

425 South Main 259-5181

### Cowboy Grill at Red Cliffs Resort

16 Miles up Highway 128 259-2002  
Lunch • Dinner

Breakfast Buffet 6:30 - 10 daily Sunday Brunch 7-2  
River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

### Denny's

989 North Highway 191 259-8839  
Breakfast • Lunch • Dinner

Moab's only 24 Hour Restaurant. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

### Desert Bistro

1266 N Hwy 191 at Moab Springs 259-0756  
Dinner

Open 7 days a week. Come to enjoy a relaxing atmosphere. Nightly specials, fresh choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

### Eddie McStiff's Restaurant & Brew Pub

57 South Main Street 435 259-BEER  
Lunch • Dinner

Lunch: 11:30 am Daily Dinner: 4:30 pm Nightly  
12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Fresh Ground in House Burgers. Kids Menu. Hassle free cocktails, wine & beer. Pool Tables. Patio Dining. Discount for Seniors 62 and older. FREE WIRELESS INTERNET! Delivery to Main Street Hotels. Live Music on Selected Nights.

### EklectiCafe

352 North Main Street 259-6896  
Breakfast • Lunch

Open 7 days a week 7:00 a.m. - 1:30 p.m.  
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

### Fiesta Mexicana

202 South Main Street 259-4366  
Sun - Thur 11am - 10pm • Fri & Sat 11am - 11pm

Experience the close-up magic of Rick Boretti Thursdays and Fridays 7-9 pm.

Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. FiestaMexicanaRestaurants.com

### Frankie D's Bar & Grill

44 West 200 North 259-2654  
Lunch • Dinner Open Daily 11 am

Late night kitchen open until 1 am  
Friendly service, covered outdoor patio, steaks, burgers, BBQ. Over 21 can enjoy a full range of beers, wines and alcohol beverages. Take out orders welcome. Live Weekend Entertainment, Wed Night Games, NFL Sunday Ticket & food specials. www.moabfrankieds.com

### Hogi - Yogi

396 South Main (next to Teriyaki Stix) 259-2656  
Lunch • Dinner Open Daily

Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

### Jailhouse Cafe

101 North Main Street 259-3900  
Breakfast

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

### Jeffrey's Steakhouse

218 North 100 West 435-259-3588  
Open Mon - Sat at 5:00pm Call for reservations

Closed Sundays (Starting Nov. 13)  
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. We are proud to serve local organic produce when available. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

### La Hacienda

574 North Main 259-6319  
Lunch • Dinner - Open Mon-Sat 11:00 a.m.

Closed Sundays (starting Nov. 13)  
CELEBRATING 30 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

### Leger's Sandwiches

817 So Main (inside the Moab Chevron) 259-2212  
Deli Open 6 a.m. - 8 p.m.

Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron, open 24 hours. Sandwiches made to order. Call in orders welcome.

### Los Girasoles

2740 S Hwy 291 (Old Stage Coach) 259-1660  
Open everyday 11 am - 9:30 pm

The third location is now in Moab, our other two locations were voted best Mexican food in their city. We appreciate your support. Lunch and dinner specials every day. Everything on our menu is under \$13.00 (lunch \$6.00). We didn't forget about the kids either, with our full kids menu. We promise to be the best Mexican food in Moab. We know you have limited time to eat lunch, so we have fast lunches. Come and try it out for yourself, we won't let you down! Full Liquor License

### Love Muffin Café

139 North Main 259-6833

### McDonald's

640 South Main 259-8800

### Mi Ranchito y Mexicano

812 South Main Street, Suite B 259-0550

### Miguel's Baja Grill

51 North Main 259-6546  
Dinner

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

### Milt's Stop & Eat

400 East and Millcreek Drive 259-7424  
Lunch • Dinner

Open Tues - Sun. 11 am - 7:30 pm  
Closed Mon. Closed for the Thanksgiving Holiday  
A true Moab icon since 1954. Featuring 100% ground chuck burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's. Daily Specials Website is www.miltsstopandeat.com

### Moab Brewery

686 South Main 259-6333  
Lunch & Dinner

Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

**EklectiCafe**  
Carnivores,  
Herbivores,  
Omnivores!  
Vegetarian  
Friendly

**Breakfast • Lunch**  
"Best Desert Oasis" Salt Lake City Magazine  
HOURS  
7 Days A Week 7:00am-1:30pm  
352 North Main, Moab • 435-259-6896

Authentic Mexican Food

Newly Remodeled Patio w/ 4 TV's  
Large Parties Welcome Childrens Menu Available

**Lunch Specials - All \$6.25**  
All Served with Rice & Beans  
Monday: Burritos ~ Beef or Chicken  
Tuesday: Enchiladas ~ Beef or Chicken  
Wednesday: Chimichanga ~ Beef or Chicken  
Thursday: 2 Tacos ~ Beef or Chicken  
Friday: Taco Enchilada ~ Beef or Chicken

"Fiesta Margarita" Best Margaritas -Made from Scratch with Fresh Squeezed Limes and 100% Blue Agave Tequila  
**Best Mexican Food in Town**  
Winter Hours Sun-Thur 11-10 Fri & Sat 11-11  
202 So. Main St. Moab, Utah 259-4366  
FiestaMexicanaRestaurants.com

OPEN  
3-9  
EVERYDAY

**PARADOX PIZZA**  
MOAB UTAH

**EAST COAST STYLE, STRAIGHT FROM MOAB**  
**WE DELIVER**

EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER  
**SLICES!** HOMEMADE SOUPS, BREADS & DESSERTS  
702 SOUTH MAIN ST. 435-259-9999  
TRY OUR ONLINE ORDERING AT WWW.PARADOXPIZZA.COM

For more information about these restaurants pick up a "Moab





**Moab Coffee Roasters**  
 90 N. Main St. 259-2725  
 7 days a week 6:30am - 9:00pm  
 On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

**Moab's Daily Grind**  
 1146 South Hwy 191 #B 259-1115

**Moab Diner & Ice Cream Shoppe**  
 189 South Main 435-259-4006  
 Breakfast • Lunch • Dinner  
 Mon-Sat: 6:00 am - 9:00 pm  
 Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

**Pancake Haus**  
 196 South Main (next to Ramada Inn) 259-7141

**Pantele's Desert Deli**  
 98 East Center 259-0200  
 Open 11am - 5pm Mon - Sat  
 Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

**Paradox Pizza**  
 702 South Main St 259-9999  
 Lunch • Dinner  
 3-9 everyday  
 At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly. Order online at www.paradoxpizza.com.

**Pasta Jay's**  
 4 South Main 259-2900

**Peace Tree Juice Cafe**  
 20 South Main 259-0101  
 Breakfast • Lunch • Dinner  
 Open everyday 7am-9pm  
 Welcome to the Peace Tree. Dedicated to using the freshest local ingredients, while adding a new and exciting menu featuring vegan and gluten free items. Catering and to go orders are available. State liquor license. Fresh juice + wheatgrass.

**Pizza Hut**  
 265 South Main 259-6345  
 Lunch • Dinner  
 Fri-Sat: 11 a.m. - 11 p.m. Sun-Thu: 11 a.m. - 10 p.m.  
 Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery available. OPEN EVERY DAY

**Portal Grill at Moab Regional Hospital**  
 450 West Williams Way

**Red Rock Bakery & Net Cafe**  
 74 S. Main Street 259-5941  
 Breakfast • Lunch  
 Open 7am-4pm Mon-Sat and 7am-3pm Sunday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Open EVERY DAY.

**Rio Sports Bar & Grill**  
 1 block west of Main on Center 259-6666

**Sabuku Sushi**  
 90 East Center 259-4455

**Singha: Authentic Thai Cuisine**  
 92 East Center 259-0039  
 Lunch • Dinner  
 Lunch: Mon-Sat 11 a.m. - 3 p.m.  
 Dinner: Mon-Sat 5 p.m. - 9:00 p.m.  
 Closed Sunday

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

**Slickrock Cafe**  
 5 North Main 259-8004  
 Lunch • Dinner  
 Mon. 11:30 - 4 • Tue closed • Wed, Thurs, Sun 11:30 - 9  
 Fri + Sat 11:30 - close  
 Come join us and experience a fun and casual atmosphere. Experience our fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Ice cold beer in frosted mugs. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Come hang out for Live music Fri, Sat & Sun.

**Smitty's Golden Steak**  
 540 South Main 259-4848  
 Breakfast • Lunch • Dinner  
 Open 6am-9 pm 7 days a week  
 Next to Big Horn Lodge. Featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

**Sorrel River Grill Restaurant**  
 17 Miles Northeast on Scenic Hwy 128 259-4642  
 Dinner (by reservation only)  
 Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations Required.

**Subway Sandwich Shop**  
 299 South Main 259-SUBS  
 Breakfast • Lunch • Dinner  
 Open 8 a.m. everyday  
 NOW SERVING BREAKFAST UNTIL 11 AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

**Sunset Grill**  
 900 North Highway 191 259-7146  
 Dinner  
 Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

**Szechuan Restaurant**  
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 Moab's only BBQ and Blues destination. We have created a casual, laid back establishment that you'll want to come back to again and again. Our pitmaster is smoking your favorites all day, every day. LIVE music (call for details). Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Large Screen HDTV's. Don't forget to try the smoked pecan pie, it'll blow your mind!! Take out available. Ice cold beer. State liquor license.

**Village Market**  
 702 South Main 259-3111

**Wake and Bake Cafe**  
 59 S. Main #6, McStiff's Plaza 259-2420

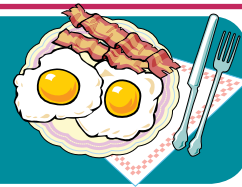
**Wendy's**  
 260 North Main 259-2595

**Wicked Brew Drive Thru**  
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 Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

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# RESTAURANT GUIDE




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**Chicken Avocado Sandwich**  
Light: Under 550 Calories  
Protein: Over 20g



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Light: Under 550 Calories  
Lean: Under 15g of fat

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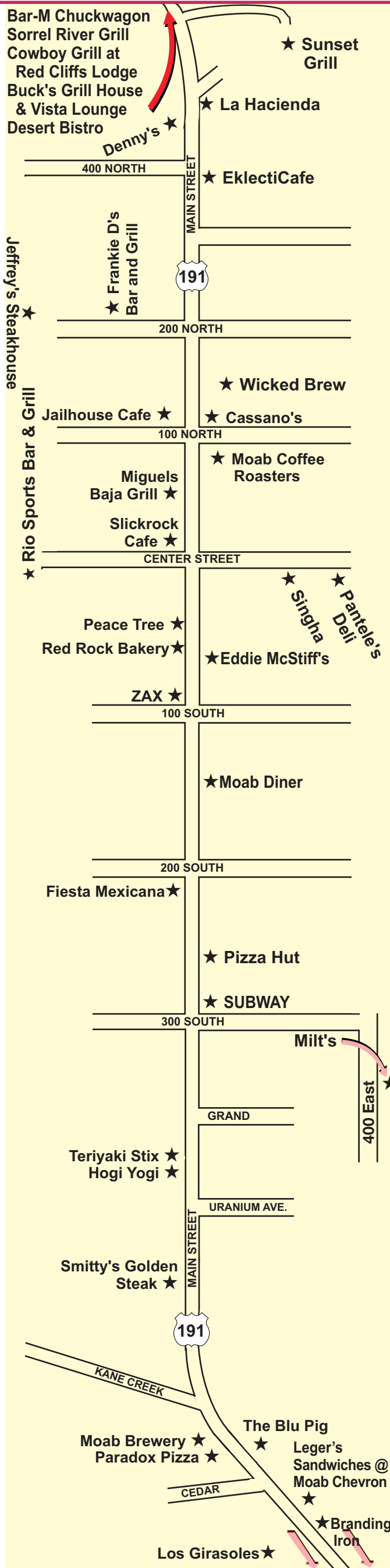
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Expires December 15, 2011

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# RESTAURANT GUIDE

# RESTAURANT GUIDE

**The River Grill Restaurant**



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resort & spa

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## Moonflower Market Ten year anniversary celebration, Nov. 18<sup>th</sup>.

I first walked thru the door of Moonflower Market in September of 2008. I was on a working vacation and stumbled upon this small gem of a market. In today's world of cookie-cutter corporations, I found it reassuring to see that the small town family vibe was alive and well.

Three years and two moves later, I found myself applying for the co-manager/events coordinator position and, as fate would have it I was accepted into the Moonflower Family. During the last six months with Moonflower I have slowly assimilated myself, observing the loyal characters that frequent this community hub that feeds not only the body, but the soul. Making friends and talking story in the small aisles I found that the core of Moonflower's heart stemmed not only from its employees but, from its patrons.

Moonflower is a meeting place, a place where you go to catch up with friends and make new acquaintances. Find advice and guidance for your everyday health needs. It's the place where you find yourself chatting with the counter girl who remembers your name and sends you off with the sense that you have your place at the Moonflower.

So, as we fast approach Moonflower's ten year anniversary in its current location I ask myself and my co-workers, "What does Moonflower mean to you?? And, what will it continue to mean to you as time continues to tick away??" The answers are endless, but all seem to have the same theme. That Moonflower Market has a beating heart fed everyday by you, the community.

The ladies and gentleman of Moonflower hope that you will join us for our ten year anniversary celebration Friday November 18, 2011. Come and enjoy the fruits of our labor as we remember Moonflower Market's original beginnings and look forward to its future as we transition back into a co-operative.

Festivities are scheduled to begin at ten am and run throughout the day. So, take your seat at the table and enjoy the games, music and food that we have planned. Bring your memories and talk story, we would love to catch up.

## Wicked Brew

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In the heart of town  
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Photos by Chris Hunter

Third location now in Moab. Other two locations voted Best Mexican in their city. Full menu for lunch and dinner. Kids menu.

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# ART WALK HAPPENINGS



## Moab Art Walk, Saturday November 12<sup>th</sup> from 5pm to 8pm

Stroll Moab's galleries, shops, and view fine locally created Moab art. The Moab Art Walk includes featured artists and receptions. Most exhibits run for a month or more so feel free to stop in anytime at participating locations!

This month, **The Moab Artwalk** partners with the **Moab Valley Multicultural Center** for the finale event of "Viva Frida!" a celebration of the life and art of Frida Kahlo. Look for displays in participating Artwalk venues and join the Finding Frida Treasure Hunt and compete for prizes awarded at the MVMC at the end of Artwalk.

### BACK OF BEYOND BOOKS

*Joanne Savoie, Susan Woodward, Gayle Houston, Jess Dye, Leigh Metz:*

Master ceramicist, Joanne Savoie has invited local potters to create a colorful collection of hand thrown cups and mugs for this CUPPA SHOW. Perfect for early Christmas shopping and the forthcoming winter, sipping tea by the fire.

83 N. Main St. 435-259-0782  
www.backofbeyondbooks.com

### MOONFLOWER MARKET

*Adeline Guay:*

An artist with wanderlust and love of adventure, Adeline is a strong believer in the healing powers of creativity. Her artwork is inspired by the landscapes, humanity and natural wonders of her travels, including Moab, where in particular she finds inspiration.

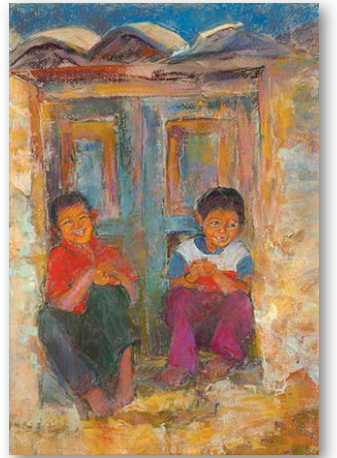
39 E 100 N  
435-259-5712

### SPA MOAB

*Polly Cullen and Jacci Weller:*

Come in and enjoy work from two amazing artists. Polly Cullen's work is influenced by her travels and time spent in Mexico. Jacci Weller's desert flora is vibrant and intimate.

79 N. Main St.  
435-259-7726  
www.spamoab.com

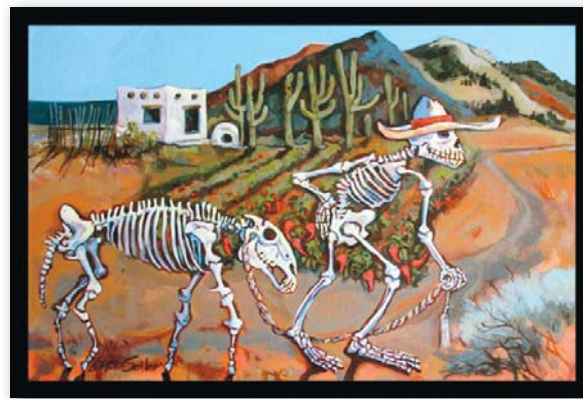


### FRAMED IMAGE FINE ART

*Nickolas Murray:*

In conjunction with the Viva Frida! Exhibit, Framed Image presents "The Lost Photos of Frida Kahlo by Nickolas Murray." These handmade, silver gelatin prints were made from original negatives that were forgotten in a trunk for over 25 years.

59 E. Center St.  
435-259-4446  
www.framedimagemoab.com



### OVERLOOK GALLERY

*Louise Seiler:*

This month The Overlook will feature acrylic paintings by Louise Seiler. "Baja and Back" is a whimsical look at Louise's travels south of the border.

83 E. Center St.  
435-259-3861  
www.moabarts.com

### VISUAL FEAST

*Luke Howarth and Viva Frida!:*

November's Special: Luke Howarth and his "Pollock" inspired paintings large and small in a variety of colors, and Frida Kahlo's controversial prints. Visual Feast continues its tradition of fantastic food, beverages and a new VFG DJ.

88 E. Center St.  
970-946-4362  
www.visualfeastgallery.com



### MUSEUM OF MOAB

*Frida Kahlo:*

Viva Frida! Celebrates the life of world- renowned Mexican artist, Frida Kahlo and Mexico's rich artistic traditions, history, and culture. The exhibit features reproductions of Frida's artwork, the story of her life and photos of Frida by Nickolas Murray.

118 E. Center St.  
435-259-7985  
www.moabmuseum.org



**1 MOON FLOWER MARKET**  
39 E 100 N

**2 BACK OF BEYOND BOOKS**  
83-89 N Main St

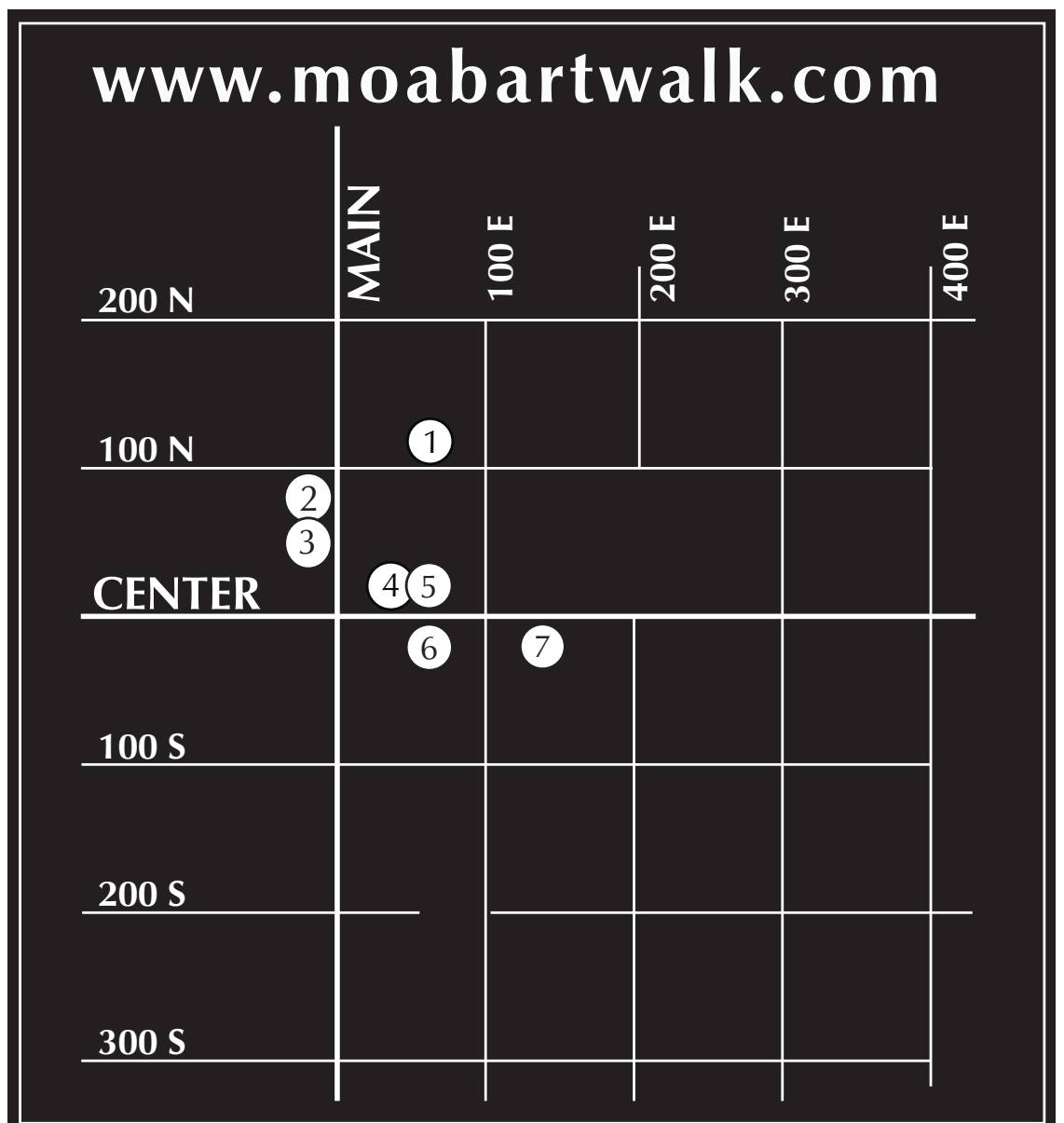
**3 SPA MOAB**  
79 N Main St

**4 FRAMED IMAGE FINE ART GALLERY**  
59 E Center St

**5 OVERLOOK GALLERY**  
83 E Center St

**6 VISUAL FEAST**  
88 E Center St

**7 MUSEUM OF MOAB**  
118 E Center St



# FRIDA KAHLO HAPPENINGS

## iVIVA FRIDA! A Celebration of the Art of Mexican Painter Frida Kahlo and Mexico's Rich Artistic Traditions

Artes de México en Utah and the Moab Valley Multicultural Center are pleased to present iViva Frida!, a celebration of the art of Mexican painter Frida Kahlo and Mexico's rich artistic traditions. After a successful five-week run in Salt Lake City (September 16 – October 20), iViva Frida! will arrive in Moab on October 30th for a gala opening at the Moab Valley Multicultural Center from 3 to 6 p.m. Following the Gala, it will then be on display at the Museum of Moab for the entire month of November. In addition, upstairs at the museum there will be a display of a series of photographs of Frida taken by photographer Nickolas Muray. iViva Frida! has previously been shown in Tokyo and Las Vegas.

### About iViva Frida!

The iViva Frida! celebration centers on an exhibit about the life of world-renowned Mexican artist Frida Kahlo, which will be on display at the Moab Museum from November 1 to November 30, 2011, with a smaller display that includes images of her most graphic work at the Visual Feast Gallery.

"iViva Frida! is an opportunity for us to share with the overall community this rich cultural and artistic heritage," says Bernardo Flores-Sahagún, a board member of Artes de México en Utah, and an architect and designer from Guadalajara, Mexico. "Mexico is much more than what we read in the press today. The traditions of Frida and other artists of her time are very powerful. The art of Frida Kahlo inspires people to be creative and enriches our entire community."



Nickolas Muray, Untitled, 1939, copyright Nickolas Muray Photo Archives

The iViva Frida! celebration will emphasize an interesting Utah-Mexico art connection. Kahlo crossed paths with several Utahns:

- Pablo O'Higgins (born Paul Higgins, 1904-83), a native of Salt Lake City, Utah, who was an assistant to Diego Rivera, Frida Kahlo's husband.
- Tina Misrachi Martin, whose father was Diego Rivera's art dealer from 1935-45.
- Mimi Muray Levitt, a Moab resident and daughter of photographer Nickolas Muray, a close friend of Frida's.
- Joseph Hansen (1910-79), a native of Richfield, Utah, who was the secretary of Leon Trotsky during his exile in Mexico—in part at the Kahlo/Rivera home—from 1937 to 1940, and Hansen's wife, whom he met the University of Utah, Reba Hooper Hansen, a granddaughter of Heber C. Kimball.

The iViva Frida! exhibit documents the life of Kahlo, whose self-portraits have become cultural icons. The display tells the story of Kahlo's life, from her birth at the beginning of the Mexican Revolution, to her death in 1954, through a series of 33 large panels which include photographs of Frida Kahlo and her husband Diego Rivera, text with information about her life, and high quality digital images of 46 of her most famous paintings. The images of her paintings are from major collections in Mexico, including the Dolores Olmedo Patiño Museum and the Frida Kahlo Museum. The three panels at Visual Feast Gallery are a portion of the exhibit with the theme "How Painting Saved My Life." They focus on her suffering due to her physical disabilities and inability to have children. Artes de México en Utah has created text and educational materials in both English and Spanish to accompany the exhibits.

Complementing the iViva Frida! display will be an

exhibit of the photographs of Nickolas Muray, a New York photographer who took the most famous photographs of Kahlo and who was an intimate friend. This exhibit will also be on display at the Museum of Moab.

### About Frida Kahlo

Frida Kahlo identified with the 1910-21 Mexican Revolution, which sought to bring dignity and self-rule to Mexico after a century of dominance by European



Nickolas Muray, Frida Painting The Two Fridas, 1938, platinum print, Throckmorton Fine Arts, copyright Nickolas Muray Photo Archive

interests that followed its 1810 independence from Spain. Kahlo was born in 1907 but changed her birth date to that of the Revolution to align herself with the values of the revolution, including dignity of the worker, compassion for the poor, education for all, and the right of Mexico to control its resources and destiny.

Born of a German Jewish father and a Mexican Catholic mother, Kahlo chose to identify with her Mexican indigenous ancestors. She often dressed in Tehuana clothing and surrounded herself with Mexican archeological figures and folk art. Her paintings show a connection with indigenous beliefs that value the natural world and its ongoing need for renewal.

Kahlo studied at Mexico's most prestigious high school, the National Preparatory School, where she saw Diego Rivera painting murals. She met Rivera in 1928, three years after a devastating trolley car accident disabled her for life. The couple's marriage in 1929 placed her alongside Mexico's most famous artist – Rivera had been chosen to teach Mexicans the ideals of the Revolution through colorful murals on the walls of public buildings.

Kahlo was at the center of what has been called the Mexican Mural Renaissance, the decades following the Mexican Revolution when art and political idealism combined and gave rise to a creative period the likes of which has rarely been seen in history. This period in Mexican art was influential in the creation of the Works Projects Administration in the U.S. in the 1940s as well as in art of political activism worldwide. Artists everywhere, including in Utah, continue to be influenced by many Mexican artistic traditions including mural painting, graphic art, and folk art.

Overshadowed by her famous, gregarious husband, Kahlo quietly painted small canvases exploring her identity and emotions. But in the late 1930's her art and life exploded as she suffered through Rivera's infidelities and her own physical challenges due to illnesses and injuries. Frida used art to heal, and today is an inspiration for many people developing their creativity and seeking to overcome physical and emotional challenges. Although Kahlo received great acclaim for her art during her life, this was primarily in the U.S. and Europe. She did not have a solo exhibit of her art in Mexico until the year before her death.

### Free Public Programs and Events

The iViva Frida! celebration is made possible by funding from the Utah Humanities Council, the Utah Arts Council and Zion's Bank. In presenting iViva Frida! in Moab, the Moab Valley Multicultural Center has received generous support from additional community partners including the Museum of Moab, Visual Feast Gallery, the Nickolas Muray Photo Archives, and the Consulate of Mexico. In-kind contributions have come from Moonflower Market, WabiSabi, Wildland Scapes, Dan Budnik, Gayle Weyher, Rusty Wheaton, Cathy Shank, Donna Duncan jewelry of Cozumel, Floyd Humphreys, Exquisite Container Gardens, Marcia and Jim Tendick, Carolyn Dailey, Mimi Levitt, Becky Thomas, Maribel Kheylya Tanner, Leticia Bentley, Shirley O'Kelly, Alina Murdock, the MARC, Miquel's Baja Grill Spa, Moab, Red Cliffs Lodge, Aarchway Inn,

Bruce Hucko, Youth Garden Project, Pam Hackley, Buck's Grill House, Wild Rose's, Tom Till, Atomic Hair, Serena Supplee, St. Francis Church, Bruce Louthan and his crew of 80! and many other generous supporters.

For a full listing of iViva Frida! programming in Salt Lake City, please see the website, [www.vivafrida.com](http://www.vivafrida.com)

### About Artes de México en Utah

Artes de México en Utah is a new organization dedicated to promoting Mexican art in Utah. It was founded as an independent nonprofit after the success of the Utah Museum of Fine Arts's exhibits *Las Artes de México* and *Pablo O'Higgins: Works on Paper*. Artes's board of directors consists of Utah artists, art scholars, and art collectors, the majority of whom were born in Mexico; its advisory board includes scholars in the areas of Latin American art history, Spanish language and literature, and Latin American studies; a university museum curator and fundraising professional; and community leaders. Artes de México en Utah is staffed 100% by volunteers.

For more information:

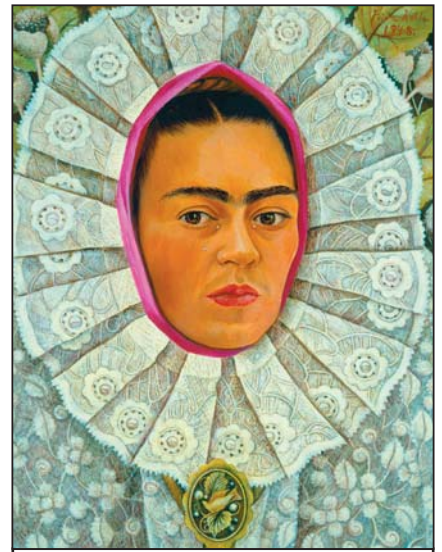
801.707.7795 Susan Vogel (English)

801.414.0136 Bernardo Flores-Sahagún (Spanish)

[www.vivafrida.com](http://www.vivafrida.com)

### About the Moab Valley Multicultural Center

The Moab Valley Multicultural Center (MVMC) was formed in 2007 to address the growing needs of underserved, low income populations in our community, as well as the widening gaps in cultural understanding and cross-cultural communication. A tax-exempt, nonprofit organization, its mission is to promote intercultural understanding and appreciation, and broaden opportunities for immigrants, indigenous and other minorities through education, family support, cultural programming and community collaboration. In bringing iViva Frida! to Moab, the MVMC provides the schools and the community opportunities for cultural understanding and celebration.



Frida Kahlo, Self-Portrait with Medallion, 1948 oil on masonite, Private Collection, Mexico

### Moab Valley Multicultural Center Events

#### October – November, 2011

All events are free. Donations are welcome – all proceeds to benefit the MVMC

**October 28** 7:00 p.m. Showing of the film *The Life and Times of Frida Kahlo* at the MARC with a talk by Susan Vogel of Artes de Mexico en Utah preceding the film and discussion following

**October 30** 3-6 p.m. Gala opening of 33 iViva Frida! displays at the Moab Valley Multicultural Center with a program of Baile Folklorico dancing, Mexican music and Mexican, Frida-Inspired food. \$12 per plate

**November 1 – 30** Exhibit of both 30 of the iViva Frida! display panels and 24 of the Nickolas Muray photographs at the Museum of Moab with a smaller exhibit of three of the panels at the Visual Feast Gallery

**November 2** 4-5 p. m. Celebration of the Dia de los Muertos (Day of the Dead) at the Moab Valley Multicultural Center

**November 4** 5 to 7 p.m. Members only reception at the Museum of Moab with Susan Vogel, Mimi Muray Levitt and Chris Muray

**November 10** 12 noon to 9:30 p.m. All day marathon of Frida and Mexico films at the MARC – films will include some of the following: *When Worlds Collide*, *The Untold Story of the Americas After Columbus* (PBS film), *Frida: Naturaleza Viva*, *Tizoc*, *Tina in Mexico*, *Frida*, *De ida y vuelta*, *Cabeza de Vaca*. There will be a Frida and Diego Look-Alike contest with judging at 7 p.m.

**November 12** 5 to 8 p.m. November Art Walk and Find Frida Treasure Hunt - Frida Displays to be discovered in each participating gallery with treasure hunt winners drawings at the MVMC at the end of the art walk

# RIVER HAPPENINGS

## The 3rd Annual Moab River Rendezvous , hosted by Plateau Restoration, November 11-13, 2011.

by Tamsin McCormick

Plateau Restoration, a non-profit conservation organization, based in Moab, is once again hosting their annual, mid-November Moab River Rendezvous. The Symposium that features a wide range of expert presentations focusing on cultural and natural history of the river corridor. This year's event will be held November 11-13, 2011, both in town, at the Moab Arts and Recreation Center (MARC) and historic Star Hall, and in the field. The event has broad appeal for members of the public and is not specifically geared towards river-runners. It includes a volunteer service project and discussion of riparian restoration on Friday, historic films of river exploration on Friday evening, a full day of presentations by expert speakers on ecology, history, archeology, geology and issues on Saturday, and a geology and ecology field excursion on Sunday to Dead Horse Point. In addition, the public will have an opportunity to view a replica of the boat used by the Kolb brothers in the Grand Canyon 100 years ago. The 3-day event is a balance of indoor presentations and field trips, with abundant opportunity to socialize and meet authors and presenters. This is a celebration of rivers and the community.



Glen Canyon 1963, Robert Wood.

Roy is well known for his lively commentaries and will be showing films not previously displayed in Moab. Members of the public can join this aspect of the event, which is co-sponsored by the University of Utah, for \$5 at the door.

Saturday's daytime presentations, author and sponsor tables, information displays and the historic replica boats will be at the Moab Arts and Recreation Center, where registrants can informally interact with authors and presenters over an extended lunch break. The Saturday session promises to offer abundant new information to anyone interested in wildlife, invasive species control, geology, archeology, and issues relating to the river corridor. Several well-renowned



The Doll's House from Cataract Canyon.

The Friday riparian restoration project is open to community members and visitors at no cost, and includes lunch and a field presentation by biologist, Wright Robinson. Wright, who has been researching the impacts of the Tamarisk beetle in the area for several years, will share the history behind release of the beetle as well as how the beetle works to control the invasive Tamarisk.

Roy Webb, river historian and media archivist with University of Utah library, will present the popular Historic River Film Festival at Star Hall on Friday night.

authors are featured, including Prof. Jim Aton speaking on environmental history of the San Juan River, Prof. Robert Fillmore presenting the geological origin of Canyonlands National Park's unique features, and archeologist, Jerry Spangler talking about archeology of Desolation Canyon and recreation impacts on archeological sites. Other presentations include Tamara Naumann, botanist with Dinosaur National Monument, discussing her 15 years of innovative weed management in the monument, Division of Wildlife biologist, Bill Bates, on restoration of wildlife species in Utah and Dennis Willis, former BLM outdoor

recreation planner and current River Management Society President, sharing 30 years of change on the Green River in Desolation Canyon.

Keynote speaker this year is renowned author, Brad Dimock, whose presentation on Saturday evening is at Star Hall. Brad will share a celebration of the centennial of the Grand Canyon river trip of the Kolb brothers, well-known early photographers who operated from a studio on the South Rim of the Grand Canyon. Members of the public can attend any single presentation on Saturday for a \$5 donation at the door.

Registration is only \$60 for the whole event and includes lunch every day, the Historic River Film Festival, the full day of presentations and tour of Highway 313 and Dead Horse Point State Park, with naturalist guides, geologist Dr. Tamsin McCormick and Desert Ecologist, Dr. Tim Graham. Single-day registration is \$50 on Saturday and \$40 on Sunday. Pre-registration, by November 11, is required for the Sunday field excursion.

This annual fundraiser helps provide support for Plateau Restoration's conservation projects on the Colorado Plateau, which also engage students aiming to become the next generation of recreation and resource managers. Plateau Restoration's student and adult volunteer programs have contributed more than 60,000 hours of service to public lands in southeast Utah since 1995.

For more information about the speakers and event schedule, to view pictures from last year's event and for online registration, visit the event website [www.moabriverrendezvous.com](http://www.moabriverrendezvous.com). For questions or to become a sponsor, please call Plateau Restoration at 435-259-7733 or 1-866-202-1847 toll-free or email [info@plateaurestoration.org](mailto:info@plateaurestoration.org).



Harry Aleson

## Stunts, Stars & Legends

### Mickey Gilbert

by John Hagner

In the movie, "Butch Cassidy and the Sundance Kid" it was Mickey Gilbert doubling for Robert Redford and Howard Curtis doubling for Paul Newman, when they jumped off the cliff into the river almost a hundred feet high. Actually, they did the jump from a crane (cherry picker) in California, and landed in the water nearly eighty feet high. A touch stunt that saved the lives of Redford and Newman to be sure. Stuntmen have taken the reins for the actors since time began in films dating back to the Silent era of filmmaking.

Mickey Gilbert is one of those stalwart stuntmen who was capable of performing practically every kind of stunt, whether it be horse work, car stunts, barroom brawls ... he was one of the original all-round stuntmen.

He was here in Moab, Utah for the filming of "City Slickers II, starring Billy Crystal. Mickey was Stunt coordinator and supplied some pretty neat stunts throughout the movie.

This illustration, which I did of Mickey back in 1993 when he was here for "City Slickers II" gives you some idea of his capabilities as a top stunt performer. Mickey did horse falls in westerns as well as coordinating the action for the television spectacular, "The Fall Guy", starring Lee Majors. That's him jumping Lee's pickup truck, which was featured in the opening scenes of "The Fall Guy".

Getting back to the movie, "Butch Cassidy and the Sundance Kid", in the scene where they were about to jump off the cliff ... remember it was set up nicely with some humorous dialogue: "I can't swim" ... "Are you crazy"? The fall will probably kill you!" Redford and Newman did the jump off the cliff, but landed on a ledge about 4 feet below the cliff's edge.

In the film, "The Sting", Mickey Gilbert did all of Redford's walking scenes, as Redford, at the time the movie was made, was still getting around by crawling. Redford didn't need a stand-in for his standing scenes, having just mastered the art of standing two weeks before shooting started.

Here are some of the films Mickey Gilbert appeared in as stuntman and Stunt-coordinator:

Terminator: The Sarah Connor Chronicles (TV series) - 2008, Nutty Professor II: The Klumps -2000, The Horse Whisperer 1998 (accident scene), The Nutty Professor - 1996, Apollo 13 - 1995, The Last of the Mohicans - 1992, City Slickers - 1991, Blue Thunder - 1983, Hooper - 1978, Rooster Cogburn - 1975, The Towering Inferno - 1974, etc...

Mickey was inducted into the Hollywood Stuntmen's Hall of Fame several years ago and is one of many stunt legends who have been so honored.

The Hollywood Stuntmen's Hall of Fame is presently without a home and is in need of financial support. Anyone

who would like to see the Hall of Fame open again to the public, may send a tax-deductible donation to: Hollywood Stuntmen's Hall of Fame (Building Fund), 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532. The Hall of Fame is a non-profit organization dedicated to preserving the history of the stunt profession and to honoring stunt people the world over. Your donation would go directly into the building fund project and an acknowledgement will be recognized with a response through the mail.

Please go to [www.stuntmen.org](http://www.stuntmen.org) for more information about the history of the Hollywood Stuntmen's Hall of Fame. Also, go to Facebook and search: Falling For Stars. Then Artist of the Stars. Then Stunt Stars and Legends. To contact John Hagner, call 435 260-2160.



MICKEY GILBERT

# NATURE HAPPENINGS

## Turkey Time

To me November represents a lot of things: Scorpios, autumn leaves, crystalline night skies, high-flying skeins of geese, early morning frost, and turkey time. With autumn fading in the rearview mirror, November represents the transition time between the warmth of summer and the chill of winter. The turkey is the symbolic punctuation that defines this month, and its colorful past “gobbles” for recognition.



The first domesticated turkeys in the southwest may have been penned up around 200 A.D. Archaeologists who

study things like turkey coprolites (ancient poop) and midden piles loaded with turkey bones, believe the first domesticated turkeys were kept for their feathers which were used in rituals and ceremonies and for robes and blankets. Covered with over 5000 feathers, the birds provided a constant source. And based upon DNA samples, these domesticated birds may have been from a subspecies that ranged in Mexico and were brought north along with corn, beans and squash. These probably were not the local birds that were domesticated by a little crushed corn and scattered ricegrass seeds.

Like my backyard chickens, I can imagine these birds free-roaming



around the villages and pueblos during the day, then getting penned up at night. One Ancestral Puebloan ruin in Grand Gulch is called “Turkey Pen Ruin,” a reflection of fowl domestication.

I can also imagine a bunch of half-plucked turkeys wandering around these stone dwellings checking up on the cooks or flint knappers working in the morning sun. Maybe one stopped long enough out of curiosity to watch a potter, giving the artist the idea to paint the bird’s likeness on the bottom or sides of a bowl.

Domesticating these birds would have been fairly easy. Some archaeologists believe that although the birds were raised mostly for their feathers, sometime in the late 10<sup>th</sup> or 11<sup>th</sup> century the turkeys were also raised for meat.

Ironically, it was Spanish conquistadors that hauled turkeys from Mexico back to Spain in the mid-16<sup>th</sup> century. The Aztecs had long domesticated the wild turkey prior to the appearance of the Europeans. Back in Europe, turkeys became a common barnyard fowl, so much so that when the Pilgrims settled in the New World they brought their domesticated fowl with them. Little did they realize that a larger, native species

of turkey still roamed the New World’s woodlands.

Fast forward to the present. Every U.S. school kid has participated in some type of “thanks giving” pageant involving the Plymouth Colony pilgrims and the Native Americans who helped them through that first winter in 1620. Although this historic event had more of an English

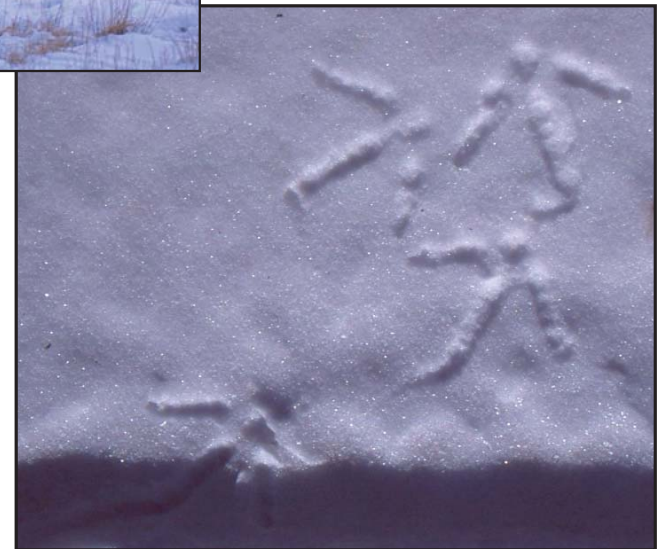


harvest festival aire, and was probably held in summer, blurring the lines of history.

President Lincoln first set the fourth Thursday of November as an official Thanksgiving Day holiday. President Franklin D. Roosevelt tried to switch the holiday to earlier in November to extend the Christmas holiday shopping season. His critics cried “fowl,” and the holiday returned to its Civil War origins. Congress voted to keep Thanksgiving as the fourth Thursday in 1941.

Native wild turkeys did not fare well with colonization and westward expansion, through “trap and transfer” projects and game management, populations of wild turkeys have rebounded. Observed by wildlife watchers throughout the year, November is still the turkey’s time to shine.

By Damian Fagan



## Preparation for winter at Dead Horse Point State Park

By Crystal Carpenter

With fall winding down, it’s time to begin preparations for winter here at Dead Horse Point State Park. Time to begin checking our snow removal equipment, turn the heaters on in the facilities and prepare the vehicles for colder temperatures. As humans, we have made it relatively easy to confront the coming winter weather. For all other life within the park, a decision to confront, migrate, hibernate, or expire must be made.

For plant and animals that confront winter extremes, special adaptations are a must. Pinyon pines fill their stomata (the pores used for gas exchange) with waxy plugs and flush their needles with sugars to lower the freezing point, preventing cellular damage and avoiding death. Black-capped Chickadee emerges from a cavity in a tree trunk each day to search for larvae and pupae of insects buried in trees. It will cache as much food as possible during the day and will return later to reclaim these caches as needed. This small bird relies on it’s fat reserves and the ability to lower its temperature 10-12 0 C below its normal daytime temperature to endure the long winter nights.

Without the ability to sprout legs and migrate to another location, plants will sit this one out. Cool fall temperatures signal to the Ash-throated flycatcher that it is time to move farther south into Mexico and Central America. Moving south helps this spring-summer-fall resident of the park avoid the physical stress of confronting winter extremes.

With a chilly nip in the fall air, the long-nosed leopard lizard retreats to its burrow, well below the frost layer only to emerge with the warmth of spring’s arrival. This lizard will spend the winter months in hibernation, during which its body temperature will lower to just above freezing. It will gain the minimal energy needed from fat stored throughout its body. All bodily functions slow, reducing the need to intake food or export waste. Scarlet globemallow spent the last bits of summer storing as much energy in its root as possible. The leafy portion of the plant will die back during the winter leaving the roots to retain stored energy for spring growth. Throughout the winter months, this plant will be dormant waiting for the return of warmer temperatures before sending its first leaves above ground again.

The most drastic response to approaching winter is to expire. Before the final day of a dwarf lupine’s life, as many seeds as energetically possible are sent out into the world. One last hurrah before death takes over with well wishes for a few to take root and emerge the next spring to carry on the tradition. For the hapless praying mantis that must meet it’s end, hopefully it had a full life filled with growth to an adult, mating and laying eggs to hatch the next spring.

Understanding the colossal energy reserves needed to survive the cold winter months teaches me

gratefulness for my heated home, warm clothing to get from place to place and access to stores for winter supplies. My time outside is spent skiing, snowshoeing or playing in the snow rather than rushing about providing for my daily, physical needs.

Dead Horse Point State Park is located 32 miles from Moab, Utah at the end of Hwy 313. Visitor center hours are 9am-5pm. **The park will be open on Thanksgiving Day, however the visitor center will be closed.** For more information go to [www.stateparks.utah.gov](http://www.stateparks.utah.gov) or call the park at (435) 259-2614.



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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00	Native Spirit	<b>KZMU OVERNIGHT</b>		Art of the Song	<b>KZMU OVERNIGHT</b>		Desert Diva	7:00	
8:00		<b>DEMOCRACY NOW</b>						8:00	
9:00	Jah Morning Reggae	<b>MOAB Morning Blend</b>					Blue Plate Special (blues/rock)	Shine Time (Children)	9:00
10:00		Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	OddBins	The Trading Post (call-in Buy/Sell)		Trailer Park Companion / Wayward Wind	10:00
11:00								1-2-3 (funky world soul)	11:00
Noon	Grass is Greener (Bluegrass)	It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	Fire on the Mountain	Ain't Live Grand? (live recordings)		Noon
1:00							MOAB Drive Time	Belagaana Review (fruit and nuts)	1:00
2:00	Red Rock Potluck	Radio Mundial Radio MOONDial	Planet Picante (latin)	A Little Bit of This and a Lil' Bit o' Dat	Red Rock 'n Blues	Free Speech Friday Public Access		Tween Time (pre-teen fun)	2:00
3:00		Ritmo Latino	<b>WORLD MUSIC</b>		MOAB Drive Time		Big River / Ranch Exit (twang)	3:00	
4:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)	SoundThing/ Uncle Meat's Mystery Show	Gaelic Circle / MOAB Drive Time		<b>DEMOCRACY NOW</b>		KZMU Overnight	4:00
5:00							5:00		
6:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room /Funky Soul Jam	Main Street Cruise!	6:00	
7:00							7:00		
8:00	KZMU Overnight	The Sound Lair (Experimental Dance)	<b>MOAB AFTER HOURS</b>		Pandora's Box	Altered State	Radio Free Moab (rock 'n roll & punk)	8:00	
9:00							9:00		
10:00						the eleventh hour	Seti TranceMissions	10:00	
11:00						<b>KZMU OVERNIGHT</b>		11:00	
12:00						<b>KZMU OVERNIGHT</b>		12:00	

**KEY:**  Talk Shows  Easy Mix, Jazz  Blue Grass, Country, Folk  Eclectic/World  Rock, Blues  Heavy, Hard





SHOPPING  
DINING

# MOAB HAPPENINGS

ENTERTAINMENT  
NIGHT LIFE

Volume 23 Number 8

Section B

November 2011

## “Breathtaking-The Vistas of Dead Horse Point and the Moab Area”



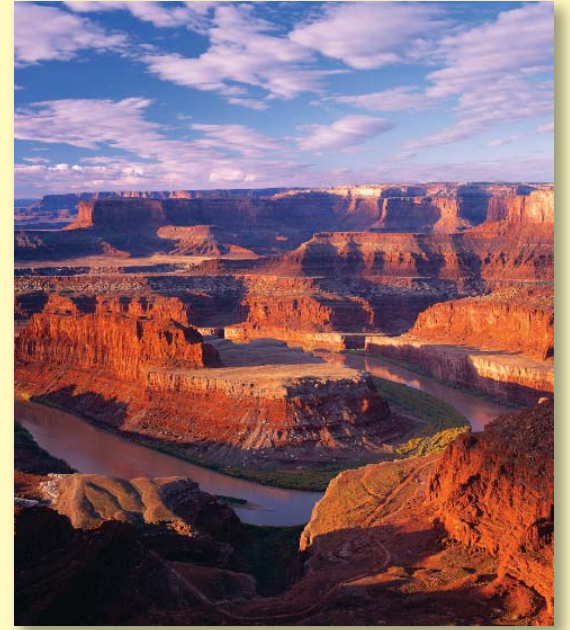
The Bighorn Gallery at Dead Horse Point State Park is exhibiting images by Moab photographer Tom Till. ‘Breathtaking-The Vistas of Dead Horse Point and the Moab Area’ is a collection of images currently on display.

Recognized as one of America’s most published photographers, almost 200,000 of Tom Till’s images have appeared in print since 1977. Originally known for his large format camera, he now uses a 35 mm Canon digital camera. His images are featured in



numerous magazines and conservation publications, and he is the sole photographer for over 30 books. He has earned several awards for his photography.

Till has traveled across the United States and to nearly sixty countries worldwide photographing landscape, nature, history and travel subjects. Till considers Dead Horse Point up there with the world’s wonders, having visited most of them on his travels. He



has visited the park more than 150 times, capturing images in rain, snow and sun. Till feels lucky to spend his life photographing the world’s most beautiful places. He is most excited to share his experiences through photography with the ‘things everyone else passes by.’ Till is a longtime resident of Moab and opened the Tom Till Gallery downtown in 1998.

**Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313.**

**The visitor center is open daily 9 a.m. to 5 p.m. through the winter.**

**The park will be open on Thanksgiving Day. However, the visitor center will be closed.**

**Park admission is \$10.**

**Contact the park at 435-259-2614**



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# MOUNTAIN BIKING

## Slickrock Bike Trail

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Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

## Mountain Biking Mecca

• **SKINNY TIRE FESTIVAL March 10-13, 2012**  
Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit [www.SkinnyTireEvents.com](http://www.SkinnyTireEvents.com).

• **MOONSHADOWS IN MOAB May 5, 2012**  
Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.

• **3RD ANNUAL GRAN FONDO MOAB May 12, 2012**  
The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

• **MOAB CENTURY TOUR September 21-23, 2012**  
This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit [www.skinnytireevents.com](http://www.skinnytireevents.com) or 435.259.2698.

• **OUTERBIKE October 3-7, 2012**  
Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to [www.outerbike.com](http://www.outerbike.com).

• **24 HOURS OF MOAB October TBA, 2012** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **MOAB HO-DOWN Mountain Bike Festival - October 25-28, 2012** Presented by Chile Pepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit [www.moabhodown.com](http://www.moabhodown.com) for more information.

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# TRAIL HAPPENINGS

## Bartlett and Jedi Slickrock Trails

by Sandy Freethey

Wonderful! Terrific! Beautiful! Smooth! Are just some of the adjectives to describe the Bartlett and Jedi areas. The flowing pink sandstone slickrock beckons mountain bikers and hikers to a day of pure enjoyment. The scenery is magnificent!

The non-motorized Bartlett Slickrock Free Ride Area was designated for mountain bikes in 2008 by the BLM in their Resource Management Plan (RMP) and is the only "free-riding" area in Grand County. Once you arrive at the Bartlett trail-head, follow the signs that lead to the right up the various levels of slickrock. There are several switchbacks as you meander up the hill and several route choices, but the main access to the top goes through a short sand section. Don't let the uphill climb or the sand deter you from reaching the top. It is worth the effort! Pause often to enjoy the scenery and take photos. Once you are on top explore this amazing slickrock playground by tailoring the ride to your skill level. The smooth rock provides a very mellow ride for some or a wild and exciting ride for others. This is a good place to practice your half pipe moves and wall rides. While this is a free riding area, please stay off the cryptobiotic soil and away from the tall white pinnacle rock areas at the top.

The Jedi Slickrock Trail is located across the road from the Bartlett trail-head. This is another long band of enticing smooth slickrock. Jedi is a bit more difficult for mountain bikers than Bartlett since the route has big ups and downs as you follow a general route below the upper cliff band. Jedi contains some challenging spots, but it is a lot of fun and attracts fewer people. Again, please stay on the rock to protect the fragile desert soil sections.



Hikers enjoy both areas, especially in the late fall and winter months before the snow falls. Hiking slickrock is a special treat for all levels of hiking.

To access the trail head, drive north of Moab on Highway 191 past the Highway 313 turnoff to Deadhorse until you reach the "Mill Canyon" sign on the left. Follow this dirt road carefully watching for the "Bartlett" signs. Park beyond the delightful walk-in camps, near the kiosk. An alternate access is to continue past the Mill Canyon turnoff and turn left onto the Blue Hills Road (just south of the airport) and follow the "Bartlett" signs. Once you have parked your car, hike or bike a short distance on the dirt road, which follows Bartlett Wash, until you reach a road junction. Turn right to the Bartlett area and left to the Jedi slickrock area.



Trail Mix is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at [www.grandcountyutah.net/trailmix/](http://www.grandcountyutah.net/trailmix/). You may also reach us at [moabtrailmixinfo@gmail.com](mailto:moabtrailmixinfo@gmail.com).



About the author: Sandy Freethey is the Chair of the Trail Mix Committee, and is very involved with the development of a variety of trails around Moab. Sandy and her husband Geoff love hiking, rafting and road trips.

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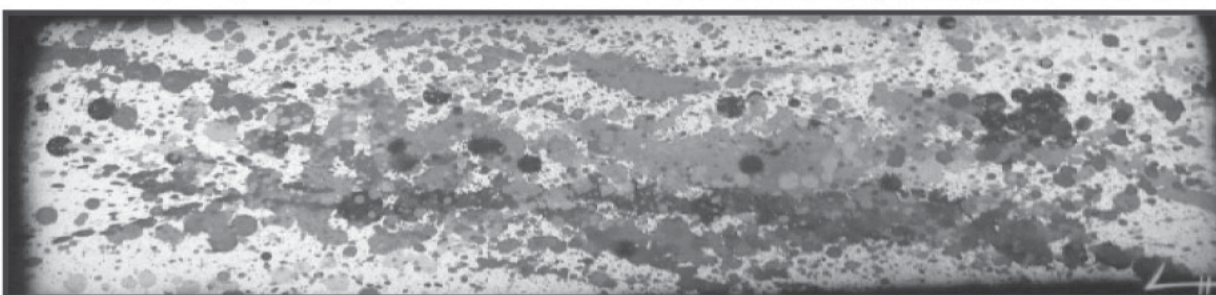
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# SKY HAPPENINGS

## The Sky for November 2011

By Faylene Roth

### SUNRISE AND SUNSET TIMES FOR NOVEMBER

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET
1	7:45am	6:18pm
2	7:46am	6:17pm
3	7:47am	6:16pm
4	7:48am	6:15pm
5	7:49am	6:14pm
6	6:50am	5:13pm
7	6:51am	5:12pm
8	6:52am	5:11pm
9	6:53am	5:10pm
10	6:54am	5:09pm
11	6:56am	5:08pm
12	6:57am	5:08pm
13	6:58am	5:07pm
14	6:59am	5:06pm
15	7:00am	5:05pm
16	7:01am	5:05pm
17	7:02am	5:04pm
18	7:03am	5:03pm
19	7:04am	5:03pm
20	7:05am	5:02pm
21	7:06am	5:01pm
22	7:07am	5:01pm
23	7:09am	5:00pm
24	7:10am	5:00pm
25	7:11am	4:59pm
26	7:12am	4:59pm
27	7:13am	4:59pm
28	7:14am	4:58pm
29	7:15am	4:58pm
30	7:16am	4:58pm

**NOTE:** Mountain Standard Time replaces Daylight Saving Time on Sunday, November 6. At 2:00am clocks are set back to 1:00am.

### DAYLENGTH

The length of daylight decreases this month by 52 minutes. Note the progression of earlier sunsets slows significantly during the last week of the month. A sunset time of 4:58pm beats the earliest sunset of next month's winter solstice period by just one minute. This time lag occurs when the earth's orbit begins to round the near end of its elliptical curve. As a result, its southern drift through the sky diminishes and its orbital path seems to parallel the east to west motion of the sun across the sky from sunrise to sunset. The sun would continue to set earlier until the solstice if its orbit were circular. However, the increase in the earth's speed as it approaches perihelion (point closest to the sun in its elliptical orbit) delays the time of the next sunset which offsets the earlier sunsets that would otherwise occur.

### MOON HAPPENINGS

**Nov. 2** – First Quarter Moon sets soon after midnight.  
**Nov. 10** – Full Moon occurs at 1:16pm and rises at 5:00pm.  
**Nov. 18** – Last Quarter Moon rises shortly before midnight.  
**Nov. 24** – New Moon occurs at 11:10pm.  
 (The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

### METEOR EVENTS

A waxing, then waning moon washes out the Taurid Meteor Shower this year. The Taurids produce two peaks—one on November 5 and one on November 12. While it is not a prolific meteor event, it does produce occasional fireballs, so be on the alert for them for several weeks either side of the peaks.

On the night of November 17/18 look eastward right before midnight for signs of the Leonid Meteor Shower. Although best viewing for all meteor showers is after midnight, a last quarter moon breaks over the horizon about 11:30pm. The Leonids can produce about 40 meteors per hour, so some of the brightest will still be visible.

### WHAT STARLIGHT REVEALS

When astronomers pass starlight through a spectrometer, they can identify the elements in that star. The spectrometer separates light into a spectrum, just like a prism does. Each

In autumn and winter the visible part of the Milky Way stretches from west to east towards the outer reaches of the galaxy. Follow it from Cygnus through Cassiopeia, Perseus, Auriga, continuing between Gemini and Orion and on to the far edges of the galaxy.

### MAJOR CONSTELLATIONS OF NOVEMBER

#### Overhead

- Andromeda
- Aries
- Pegasus
- Pisces
- Triangulum

#### Northward

- Cassiopeia
- Cepheus
- Draco
- Perseus
- Ursa Major
- Ursa Minor

#### Eastward

- Auriga
- Gemini
- Orion
- Taurus

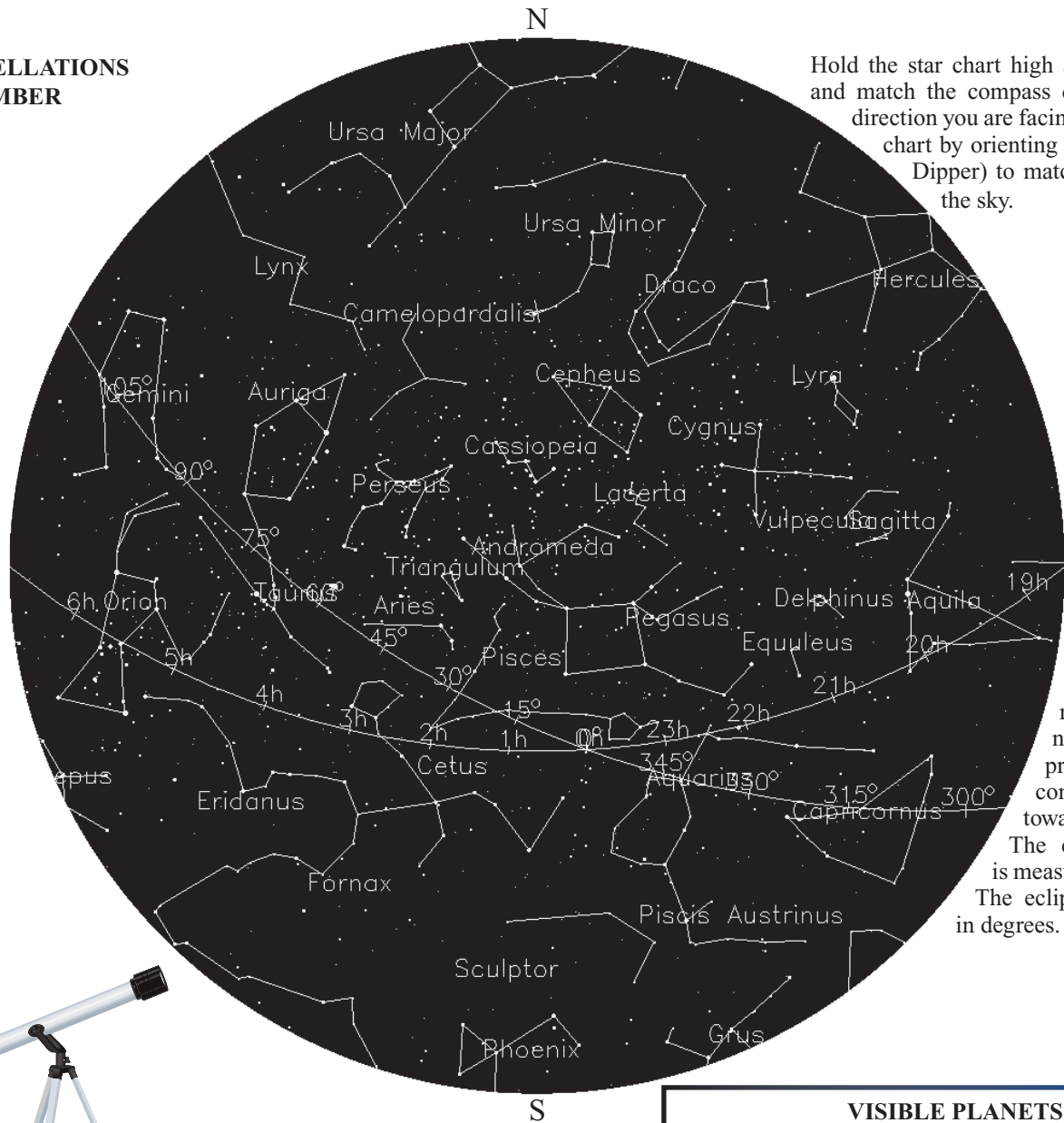
#### Southward

- Aquarius
- Capricornus
- Cetus

#### Westward

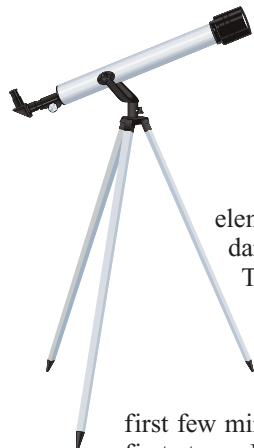
- Aquila
- Cygnus
- Delphinus
- Lyra

**Moab UT (at City Hall)**  
 38°34' N Latitude - 109°33' W Longitude  
 4048 ft - 1234 m Elevation



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.



element produces a unique spectral pattern with dark absorption lines at specific wavelengths. The pattern of absorption lines serves as a fingerprint for each element. Most stars contain about 90% hydrogen and 10% helium with trace amounts of heavier elements. Hydrogen and helium were formed in the first few minutes after the Big Bang and later formed the first stars. Main-sequence stars, like the sun, continue to produce helium through nuclear fusion of hydrogen. Stars with greater mass than the sun are hot enough to fuse helium nuclei into carbon and some produce even heavier elements; such as, oxygen, neon, magnesium, silicon, sulfur, argon, calcium, titanium, chromium, and iron. Metals heavier than iron are produced when massive stars collapse in supernova explosions. Elements produced from these massive star explosions become part of the interstellar dust which may later condense into gas clouds that form new stars and planets. Supernovae, along with radioactive decay, are the source of the elements found on Earth.

*Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

#### Primary Sources:

USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>  
 To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html>

### VISIBLE PLANETS

**Jupiter** - At the first of the month, Jupiter will be visible in the morning sky, low on the western horizon. Soon it sets before dawn and becomes the dominant feature in the evening sky. Look for it in Pisces below the Great Square of Pegasus. Jupiter just passed opposition in October, so it is still shining at its maximum magnitude. (Magnitude -2.9)

**Mars** - Watch Mars as it continues to brighten over the next few months. Its intense red orb stands out overhead in the morning sky. Find it at Leo's chest and follow it nightly as it moves eastward below Regulus (Leo). (Magnitude +1)

**Mercury** - It's never easy to see Mercury, but worth the effort. This month, if you find Venus, then Mercury is a little below and to the right. It follows Venus through Scorpius, then Ophiucus. Look for it about one-half hour after sunset. Binoculars will be helpful. (Magnitude -0 to +1.5)

**Saturn** - Another morning highlight joins Jupiter on November 1. Saturn rises in the eastern sky at dawn, then gradually appears a few minutes earlier each day. It has returned to view from its orbit to the far side of the sun. Its brilliant yellow light shines brighter than when it was last visible, because its rings are now tilted favorably towards us. (Magnitude +0.7)

**Venus** - Look for Venus to reappear in the evening sky this month as it exits from its transit across the sun. Any sighting will be within one-half to one hour after sunset. Since Venus is an interior planet, it passes through phases like our moon. Binoculars reveal it to be in its gibbous phase. The planet moves rapidly across the sky, quickly passing through both Scorpius and Ophiucus this month. On November 9 it appears low in the WSW sky about four degrees above red-tinged Antares (Scorpius) with Mercury in between. (Magnitude -3.9)

*Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.*

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# HIKING HAPPENINGS

## The Back Door To Negro Bill Canyon

Story and photos by Marcy Hafner

Located 1.5 miles northeast of Moab, Negro Bill Canyon has one of the few side drainages to the Colorado River in Utah that contains a perennial stream. Most visitors enter the canyon's mouth at the front door on a well-known paved parking lot off Highway 128 on the Colorado River. A popular wilderness study area, Negro Bill is one of three in the Moab area. The other two are Mill Creek and Behind The Rocks.



Wilderness study areas are lands being considered for designation as a wilderness area, which is a tract of undisturbed federal land with at least 5,000 acres that has been set aside for the purpose of non-motorized pursuits – hiking, backpacking, hunting, etc. – while sometimes honoring the tradition of cattle and sheep grazing.



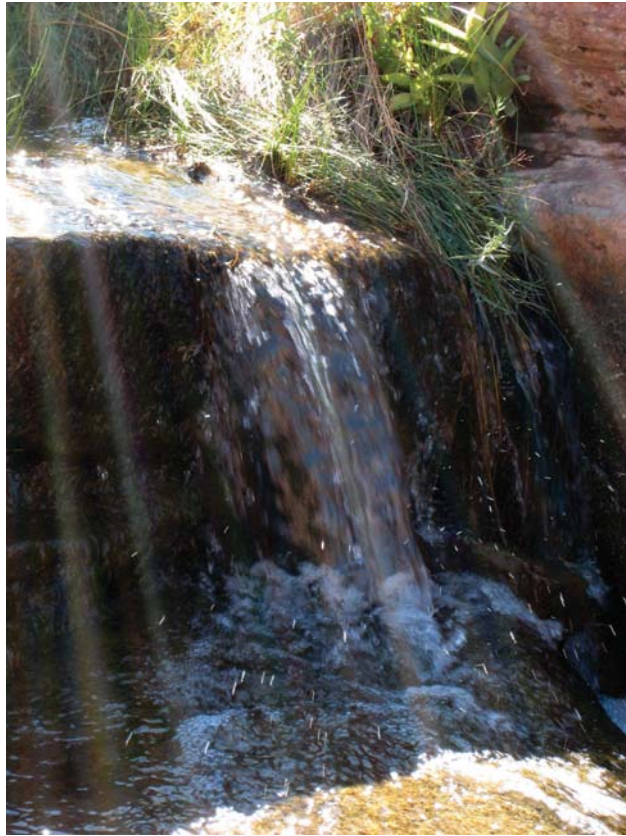
The back door can be found at the border of the Sand Flats Recreation Area. It starts on an old cattle trail that travels down a side canyon, which eventually connects with the main canyon of Negro Bill.

To get to the upper portion of Negro Bill Canyon from the entrance booth to Sand Flats, drive one mile beyond where the pavement changes to gravel. Then turn left at the sign for "Fins and Things" on to a dirt road with a radio tower where there is available parking.

From the tower I follow the white dots painted on the slickrock down a rough jeep trail that offers tremendous views of the La Sal Mountains, which are adorned with the first snow of the season. At the first junction that has a boldly painted arrow for the return to the Sand Flats Road, I go right and now the white painted dinosaurs take me to another junction where I swing left on to a well-used jeep trail that ends at a turn around on the rim of Negro Bill – a map showing this route can be obtained at the entrance booth. From the rim there is no sign for the trail, but from this viewpoint it can be plainly seen. The access into the

wilderness study area starts immediately to the right at a broken down barbed wire fence - the only break in the cliff wall that allows a reasonable passage.

This canyon is named after William Granstaff, an African-American prospector who came to the Moab Valley in the spring of 1877. He grazed his cattle in the canyon and supposedly built a cabin in one of its side canyons. Accused of selling liquor to a band of Utes, he found it expedient to move to Colorado in 1881 where he lived until his death in 1901.



The footing feels secure on the steady downgrade, and when it levels out I am stunned at how quickly I have progressed below the rim. Craning my neck, those imposing vertical walls are an incredibly long stretch above me. Despite the big drop, I am still enclosed by one cliff above another below, as the trail wanders above the canyon floor. Walking along I let my imagination run wild as I study the various rock formations – first I'm seeing a seal, a little later I'm picturing the outline of a camel's head.

As the trail swings around, I can faintly hear the soothing sound of water from my high-level observation point that is coming from the main canyon. Along its course there is a green belt of Russian olives, coyote willows, tamarisk and Fremont cottonwoods.



At a lower elevation, I decide that a cottonwood just above the creek is a good place for a pause. Hidden in the brush the creek is just below - just beyond reach – a long, long leap down! As I watch those autumn leaves bob and weave in the breeze, a northern flicker belts out his trademark call just before he starts jack-hammering a tree.

At this point it doesn't take long to descend to the creek. Along this water corridor where the grass and willows thickly grow, I am now very ready for a long break, and a huge gray slab of rock provides a perfect outdoor patio. At this inviting spot I am mesmerized by the rhythmic flow of a miniature waterfall that splashes into a pool with an abundant growth of cattails. The sheer red-brown canyon walls also grab my attention as my vision slides from bottom to top, where their sharp-edged ridge draws a distinct contrast against the crystal blue sky. Glancing down the canyon I am captivated by the domes of sandstone, which portray the brute strength of a formidable castle fortress.

Next to my outdoor patio a pile of rocks, which look like a small shrine, mark an easy stream crossing for me to continue on my merry way. The clarity of the water at each pond offers some fantastic aquatic observations: Startled leopard frogs vocalize a little squeal before they hop into



the water and swim away. Small tadpoles wiggle around, while others with big tails look like they are about ready to sprout legs and morph into frogs. Minnows scurry back and forth, a crayfish in slow motion moves around a rock, and the floating water skimmers cast their shadows as if walking on water - an amazing feat that has earned them the nickname of "Jesus bugs."



The stream continues to gather more water, and with the added strength and flow the waterfalls become more vigorous as the ponds increase in size and the vegetation turns into a jungle. For short sections it almost consumes the trail before turning into a well-used pathway, as it gets closer to the fork for Morning Glory Arch, which at 243 feet is the sixth longest span in the United States. The title is deceiving. It received its name not for any flower, but for the sunlight that hits it early in the morning.

From that fork it is approximately two more miles to the main trailhead on the Colorado River following a well-marked trail that is filled with Gambel's oak, water birch and tall reedy grass – a riparian paradise of many deep pools and rushing streams that attracts a lot of people and wildlife. Beavers swim up canyon from the river to build their dams and the movement of water and the thick vegetation is a magnet to a variety of birds.



Since I have slipped into Negro Bill on this primitive trail, I have left the assortment of jeeps, ATV's and motorcycles that inhabit the rim above me. With the rabbitbrush, snakeweed and the lovely lavender asters in full bloom on a perfect Indian summer day, I relish that special flavor of fall as I experience the peace and solitude of a beautiful wilderness walk – so near, yet so far from the motorized world.

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# HISTORIC HAPPENINGS

## Uranium Connection Goes Full Circle At Crescent Junction

by Vicki Barker

From Indian relics and rock art to the north to the Big Indian mine south in San Juan County, the town of Crescent Junction touts a lot of history for its size.



Original building 1947

Current residents and workers there note the irony in Crescent Junction being the nearest town to a huge repository for tons of radioactive waste from processed uranium they once dug up.

It is also where mining and milling equipment for the Big Indian uranium plant arrived by train for transport to Lisbon Valley in the early days of the Atomic Era.

Rod Asay, who has lived at the junction with his wife Lani (Leeanne) since the late '80s, said his first job when he arrived in southeastern Utah was at the Atlas Minerals Corp. uranium mill in Moab. Processed ore and other contaminants from Atlas are now shipped out to a site about a mile from Crescent Jct. for storage.

"Now, it's all coming back," Asay said. "You can see it. It looks like a bunch of train cars and a tent and a pile of dirt. They're hauling it up here on the rail...over a little hill from here."



Original building in foreground circa 1956

The hazardous material is carried to Crescent on a rail spur that has served a potash fertilizer plant at the end of Highway 279 since the 1960s. Radiological contamination at the Atlas site is monitored and the U.S. Department of Energy provided residents near the disposal area with testing equipment to ensure their properties and air remain clear and safe, Asay said.

DOE's decision in 2005 to relocate the mill tailings pile away from the Colorado River in Moab resulted in Lani Asay serving on an ongoing steering committee as representative for Crescent Jct. and Thompson Springs as the project proceeds. She grew up in Crescent Jct. and brought her new husband to the homestead 33 years ago. Not much has changed since then, except the original 320 acres owned by three ancestors is now claimed by 27 people.

"We're into the sixth generation now," she said. "My one great-aunt sold to my dad the 6/10ths of an acre where I live now." Her place is among five parcels that were passed on to her mother, Bette Wimmer (married to Al Lange) and Bette's siblings Pat, Ed and Bobbe.

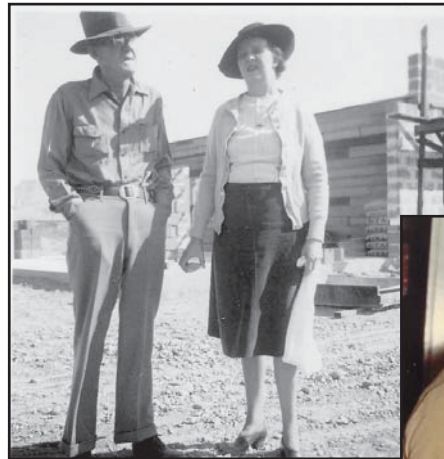
Living in a town that barely boasts more than a gas station and mini-mart. "It's wonderful," she said. "I have no neighbors. I have no noise. When you've grown up in an area like that, it's not hard."

Kerry Lange, co-owner of Desert West Office Supply, agrees. Among sites of interest they explored were ancient Indian rock-art panels and a summer solstice marker created by the Indians to track the seasons. They found the desert and Book Cliffs range endlessly fun.

"We didn't know any different, so it was cool. We were never bored." Kerry remembers growing up with his siblings -- Lani, Robyn and Keven -- in "a little place behind the gas station where the fuel tanks are now." The house was made of railroad ties and a section of another house that they hauled in.

Another structure west of the house, built in 1952 behind the original station, the kids referred to as the "bomb shed." Kerry said it was made of big, long wooden boxes that were used to freight bombs by rail during World War II.

Al Lange, who served as justice of the peace in northern Grand County, re-introduced the idea of a freighting link from Crescent Jct. 40 miles south to Moab and beyond, about the time of the Uranium Boom, Kerry said. His great-grandfather had freighted to Thompson and other places in one of the first 4-wheel-drive vehicles seen in this area -- what Kerry described as "a big, ugly, skinny-tired 4-wheel-drive vehicle."



Ed and Erma Wimmer

"He moved the Big Indian copper thing to Lisbon Valley. It said Big Indian on it."

The Langes, along with the family of Pat and Geraldine (Taylor) Wimmer, claimed the longest-lasting residency at Crescent Jct., a town that Lani Asay said was named for the shape of the old narrow-gauge railroad tracks as they wound toward the Book Cliffs range and then turned toward Green River.

Kerry and Lani's parents and grandparents on the Wimmer side, Ed and Irma, built the original gas station in 1947, earning a penny per gallon from Utah Oil Co. The station later pumped gas for American Oil, and then Amoco (which Kerry said were all run by the same corporation). Then in the '80s, the station was supplied by Shell Oil, and in the late '80s, it became a Sinclair station. That's when the big green dinosaur mural was painted on the west-facing exterior wall.

Lani was the last of the family to work at the gas station, until the family decided it was unsafe for her and another woman, Donna Galindo, to be the only ones there. "I sold my last drop of gas December 28th, 2003, at 2:30 in the afternoon," she said, "And I walked away."

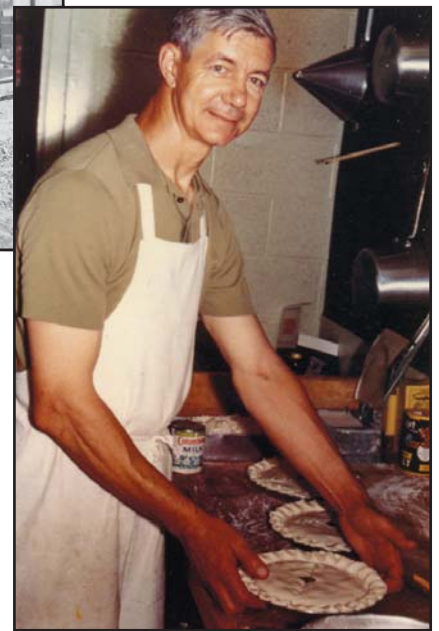
About five years ago, the family sold the business to Joe Downard and family, who named it Papa Joe's. Joe's mother, Mary, said business was good when construction of the mill tailings repository was underway. Recently, layoffs on the project affected business, but Mrs. Downard said plans to open a Crescent Jct. café are still in the works.



Ed Wimmer at Army tent they all lived in while building original buildings.



Pat Wimmer in front of original building.



Al Lange making his famous pie.



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# HEALTHY HAPPENINGS

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We are a full service chiropractic and massage clinic located in downtown Moab. We strive to offer same day appointments for chiropractic and massage. We have two chiropractors, Drs. Shelley and Chris Kasprick DC, and two licensed massage therapists, Felix Tatarovich and Clint Curtis. We encourage combining massage and chiropractic (in that order!) to optimize treatment results. You will receive a more thorough therapy session this way with better and more lasting results. We treat children to the elderly, amateurs to professional athletes. We are a resource for Moab's population for body maintenance and repair.

Dr. Chris Kasprick is also a State of Utah certified Chiropractic Physician. As a chiropractor providing holistic primary care, he can diagnose and treat back and body injuries, give physical exams, order and interpret X-ray, and prescribe natural medicines. He offers a less invasive



and gentle approach to treatment while educating you in ways in which you can be an active participant in your own wellness. Chris has been in practice since 2002.

Dr. Shelley Kasprick is a State of Utah certified chiropractic physician. She specializes in pregnancy chiropractic, pediatric chiropractic, and family practice. She is experienced and knowledgeable in nutritional and food supplementation for many diseases, nutritional imbalances, and allergies. Shelley has been in practice since 2004.

Drs. Shelley and Chris Kasprick both practice using diversified technique. Each incorporates different modalities with each treatment including ultrasound therapy, muscle stimulation, and active release to name a few.

We have 2 Licensed Massage Therapists: Felix Tatarovich LMT and Clint Curtis LMT. Each offer an individual approach to massage but specialize and are



experienced in medical massage. Felix has been working in conjunction with chiropractic for over 6 years and is experienced in injury massage, corrective massage, and relaxation massage to name a few. Clint has just started with us, he has worked with several semi pro soccer teams and specializes in deep tissue and sports injury massage. They have both attended Utah College of Massage Therapy.

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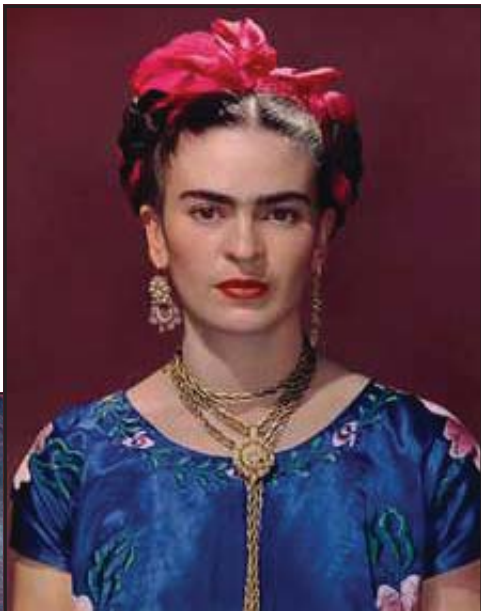
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# ART HAPPENINGS

## Visual Feast Gallery

November, what a magnificent time to be in Moab, leaves are turning bright shades of red and yellow, the air has moved from hot to cool and all the sweaters come out of storage. Visual Feast Gallery celebrates this change with a change of the featured artist, Frida Kahlo pays a visit and all of the artists are preparing for the "Bizzare Christmas" show by creating miniature creations that patrons can purchase for loved ones, gift wrapped and all. Deana Floyd is the newest member of Visual Feast Gallery, bringing exquisite line work that makes my eyes cross with amazement.

November's Art Walk will feature the art by local artist Luke Howarth who's specialty is "Pollock" inspired multi colored panels in a variety of sizes. Howarth's biography sums up his passion for what he does, "Where I'm from is as irrelevant as where you are from. We are here for the art, not story time. It is the Art that compels us. Drives us. That raises us up to a higher



plane. Takes us to where we want to be, not where we are or have been. Tomorrow comes today. The history books will not sing our praises. All we can hope for is to be remembered fondly by the ones whom we have loved, so honor those you love with the very life you lead. Your life is yours.

Deana Floyd

Rise up and live it." In addition to Howarth Visual Feast has the honor of housing the "controversial" prints from the Frida Kahlo exhibit in town to bring awareness to The Multi Cultural Center and of course Mexican art.

Visual Feast Gallery is going viral and will be developing an online store and 24 hour live feed from the gallery so that everyone can take part and enjoy the Feast near and far. So tune in or come on down and have all your senses fulfilled.

ARS GRATIA ARTIS  
Be Inspired.

Take a chance.  
Pull shapes from the mist.  
Make a dream come true.  
Visit a secret city.  
Write a poem that doesn't rhyme.  
Paint, but never by the numbers.  
Find chaos and distill a perfection.  
Make reality ethereal.  
Remember the best.  
And the worst.  
Use it.  
Because to create is divine...  
-Luke Howarth



Luke Howarth

## "ART SURROUND"

Moab is an artful town. Surrounded by a geography of art. It draws like-minded individuals to the region. Civilizations have lived here before us and we know of their humanity because of the art they left behind. Art is everywhere and art is for everyone. It is a universal language. Every culture, the young and the old, and all genders engage in art.

Enter the 2012 Moab Arts Festival Poster Art Design Competition. The theme is ART SURROUND. All selected entries will be displayed at the MARC January 13 to 27, 2012. Winner will receive recognition on all festival publications, entry fee waived for an artist booth at the 2012 Moab Arts Festival and \$200 cash prize. The winning artwork will be reproduced in its entirety as a poster and any part may be reproduced for the Moab Arts Festival. See [www.moabartsfestival.org](http://www.moabartsfestival.org) for entry information.

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ART SURROUND - Arts around, Art's around, Art is around.

**2012 MOAB ARTS FESTIVAL POSTER ART DESIGN COMPETITION**  
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Must be at least 8.5x11" and framed for exhibition

THEME: ART SURROUND

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Winner will receive recognition on festival publications

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RULES:  
Artwork must be submitted to the MARC by January 5, 2012  
Submission form can be found on arts festival website or at the MARC.

Artwork must be ready to display  
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After exhibition art will need to be picked up no later than February 2

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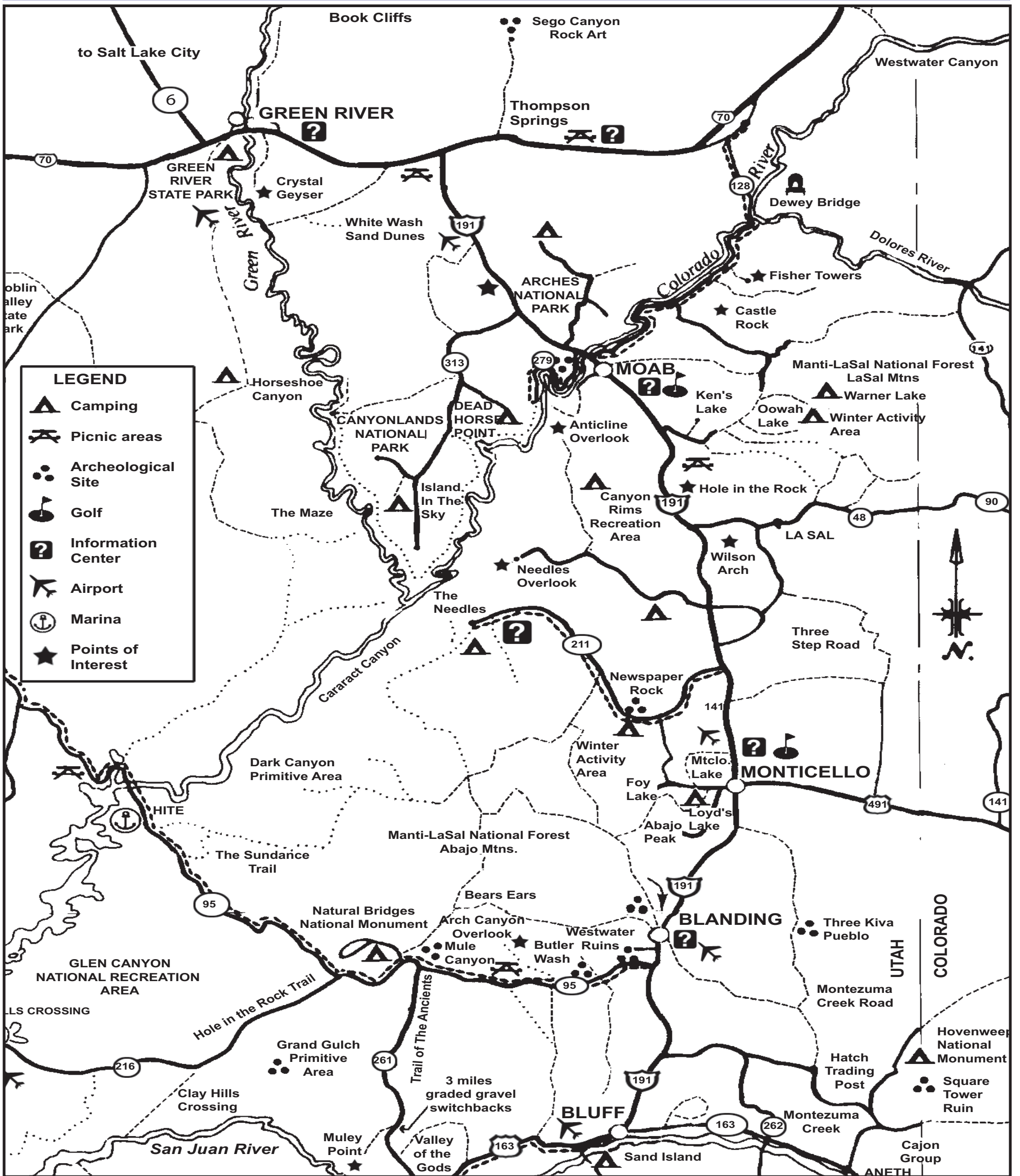


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# ASTROLOGY HAPPENINGS

## Your Monthly Horoscope - November 2011

By Rob Wells

Oct. 24 - Nov. 22



**Scorpio:** Let the good times roll this first week birthday person. Love and money are everywhere. Watch out as you could be paying for it next week with a turning stomach and a spinning head. The focus is back on money by week three and you have some great ideas to share. You finish the month with the promise of new romance.

Nov. 23 - Dec. 21



**Sagittarius:** Taking the time to take care of yourself is important this first week. Avoid misrepresentations during the next week, either given or received as the energies are mixed. Plenty of spark during week three to do those tasks you've been putting off. A short romance could carry you away during the last week, but the infatuation fades rapidly.

Dec. 22 - Jan. 20



**Capricorn:** Your friends are in a party mood this first week, and you are ready. Maybe a little too ready. Don't go too far as it could cost you more cash than you realize during the second week of the month. You're open for new romance during the third week of November, and it's a green light time. The last week, kick back and enjoy life as you recharge and assess your life.

Jan. 21 - Feb. 18



**Aquarius:** Career matters matter during the first week of the month and you are looking very successful. Things are coming your way. Careful you don't overstep boundaries between partners during the second week. A home improvement project or maybe just having everyone over for Thanksgiving takes up your time and focus during the third week. There could be words of love coming your way during the last week, but be careful. Things aren't always as they appear.

Feb. 19 - Mar. 20



**Pisces:** Church and social groups are your main interests this month. A party in that venue could really be a fun event this first week. Guard your health during the second week of November. The energy of life seems to return to you during the third week and you are busy handling odd jobs.

You could also be hosting Thanksgiving and that's always a busy undertaking. Good money news and romance fill the last week of the month. Enjoy yourself.

Mar. 21 - Apr. 20



**Aries:** Time to tend to matters of responsible personal finance this month. During the first week you may conclude that you are doing better than you thought. Don't go out and try to spend it all during the second week. Use some restraint. The third week of November has you changing hats and moving out into your social circles again. The last week of the month you make it clear to someone what a lone wolf you really are. Try to do it without offending them.

Apr. 21 - May 21



**Taurus:** You're balancing your own needs and those of your partners this month. From the looks of the aspects during the first week, you should be very happy with the results. During the following week, say no to any funny business at the office, or if someone tries to bring it into your home. Good vibrations assist money matters during the third week of November. You should follow artistic urges during the last week of the month. They could be very rewarding.

May 22 - June 21



**Gemini:** Your employment and/or your health are center stage this month. During the first week of the month both matters look very rosy. Avoid a crossfire between acquaintances during the second week, you won't fair well. This could leave your loyalties strained, as well. The third week get up and get going with those errands and phone calls. Don't waste any time. The third week ends on a note of well being. It's nice just feeling good all the time, isn't it?

June 22 - July 22



**Cancer:** Romance is everywhere you turn this month, and the first week of the month is the best. You'll feel like you've won the lottery all week long. Just watch out for the following week when you could suddenly get stuck with the bill. I'm letting you know up front to get your ducks in a row to avoid confusion later. Third week: it's time to get movin' and shakin'. Money opportunities fall like manna from heaven. The last week of the month asks you to center yourself on the job and tend to those duties.

July 23 - Aug. 24



**Leo:** Working on a home improvement project before Thanksgiving is risky. This first week you get the time from work and the cash so go for it, just don't over-tire yourself in the process. Second week balance in the partnership department is tricky. Third week of November is time to finish of that pet project and you should have the energy to pull it off. Phew! The last week of the month, you gather accolades from you partner and associates at work for your labors.

Aug. 24 - Sept. 22



**Virgo:** You are involved in group activities this month. You could be the official church social "go-for" when things need doing as you near the Thanksgiving holiday. Words of love and news of money could come your way the first week of the month. Watch out health wise during the second week and don't weaken your immune system. The third week should find you raring to go and getting things moving and done. Money and romance news, and activities, fill the last week of November for you.

Sept. 23 - Oct. 23



**Libra:** This is your money month. Three planets dominate that sector and focus your attention and efforts there. You should find that things in this department are just rosy during the first week of November. Avoid drinking and watch any meds that you take very carefully as there is a risk of overdosing, during the second week of the month. The third week will find you filled with energy to handle any tasks that come your way. The last week of the month take time to enjoy and reflect. It's been a pretty good year.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

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# PET HAPPENINGS

## Finding the Right Pet Sitter for Your Dog or Cat

by Kaye Davis of the Moab BARKery

Pet ownership in the United States is continually on the rise. Currently 63% of all American households have pets. These pets are happiest when they are home, surrounded by familiar sights, smells and sounds. For many years, pet



owners faced a dilemma when they had to be away from home. Limited care options were available, one choice was boarding at a kennel or a vet, another option was turning to family, friends or neighbors. But these solutions were seldom ideal.

Today, many dog and cat owners decide to hire a pet sitter when they are unable to travel with their pets or if their pets are either unable or unsuitable to be boarded at a facility. As dog and cat lovers, we all know that letting a stranger care for your pets can be difficult and stressful. However, once the right person is found, the weight can be lifted and the trip is much more enjoyable. In order to reduce the stress level for everyone involved, there are a number of things you can do ahead of time to ensure your pet is well cared for during your absence.

So how do you find the right pet sitter for your pet? This is the most important step in the process, for obvious reasons. Ask for recommendations from a neighbor, a co-worker you respect, or even your veterinarian. Other options are to look online and visit the National Association of Professional Pet Sitters website and search for pet sitters in your area.

Once you have found a potential pet sitter for your pets here are some key questions you should be asking this person before they start caring for your pets...

- Do you carry commercial liability insurance and are you bonded?
- What training have you completed to be a pet sitter?
- Where will you take my pet in the event of a medical emergency?
- What services do you provide for pets beyond feeding and walking or litter box scooping? At a minimum you want a potential sitter that will spend time playing with and petting your cat or dog.
- Will you provide a written service contract which includes the services and fees we agree upon? Also, if you require the sitter to stay at your home while you are gone, you will want specific times each day they agree to be in your home with your pet.
- Can you provide references of other clients who would be willing to talk to me?

You absolutely need to meet with a potential pet sitter in your home before you sign up for services. Some things

to pay attention to during this meeting are...

- Do they arrive on time?
- Are they prepared to take notes about the specifics of caring for your cat or dog, including the pet's name, the amount of food you feed and supplements you give, any medical problems your pet has, your pet's personality, fears, habits and routines.
- Do they pay attention when you show them where your dog or cat eats, the location of the litter box, and all of the specifics about medications, food and water?
- Do they provide you a way to let them know that you are home? Pet sitters should leave you a note asking you to call or text that you are home.
- You will also want to see how your potential pet sitter interacts with your pets and whether your pets are comfortable around them.

In order for your pet sitter to provide the best possible care for your pets, it is also important that you provide your pet sitter with as much information as possible. They will need to know anything and everything about your pet and you should provide them with answers to a number of questions...

- What are your pet's routines and schedules? (eating, playing, walking, sleeping)
- Does your pet have minor or major medical issues?
- What should be done in a case of emergency?
- Where do you keep their favorite toys?
- Is your dog a chewer? If so, where do you keep their chew toys?
- Where is your pet's favorite hiding location/s? This will prevent a panic if your pet is nowhere to be found.



- Does your pet have unusual habits?
- The smoother things run for the pet sitter, the better care your pet will get...
- Make sure your pet sitter has access to your property so they can come and go easily from your home. Let your neighbors know that a pet sitter will be coming multiple times a day to check in, so your neighbor does not confuse your pet sitter for a home invader.

Leave pet food and other supplies in one location, and make sure there is some extra just in case you do not make it home on the day you planned.

- Make sure your pet has an identification tag with their name and phone number, this goes for cats and dogs.
- If your instructions or plans change while you are away, call your pet sitter and let them know.
- When you get home, be diligent about letting your pet sitter know you are back.

One last thing to consider when it comes to pet sitting is that dogs are not cats. It's generally far easier to leave a cat at home with daily visits from a pet sitter than it is to leave a dog under the same circumstances. Cats are attached first to their territory and a dog's primary attachment is to their people. So unless you have an unusually independent dog who needs very little daily interaction with you, consider not leaving them home alone for several days or a week and consider alternatives like a boarding facility or a vets office. If your dog has outside access then a short twice a day visit would be fine but if they do not you should be insisting on at least a three times a day visit and so should your pet sitter!



Not all pet sitters are created equal. In hiring a pet sitter, it is important that you have chosen the right person to care for your pets and you can make sure that you have done that by asking and answering all of the questions listed in this article. When you find the right pet sitter for you and your pets, you can leave your pets at home knowing they are being cared for and you can enjoy your time away

### Desert Doggie Daycare

#### Daycare or Overnight Boarding

- 1,000 sq. ft. cooled / heated indoor play area
- half acre outdoor open play area
- grooming services available

Now Offering Private Dog Hikes



a getaway for your pet and peace of mind for you

[www.desertdoggiedaycare.us](http://www.desertdoggiedaycare.us)

4890 Sunny Acres Lane, Moab 435-259-4841

### Humane Society of Moab Valley

**NOVEMBER  
Adoption Days**

#### Cat Adoption Days-

Saturday Nov. 5 & 19 from 11:00 to 1:00 @ Moab Barkery

#### Dog Adoption Days-

Saturday Nov. 12 & 26 from 11:00 to 1:00 @ City Market

You don't have to wait for an Adoption Day to adopt a pet... If you are interested in adopting, please call for an appointment to meet any of our pets.

For all other information please check our website [www.moabpets.org](http://www.moabpets.org) or call our office 435-259-4862.

#### HSMV Membership Drive

It's time for our 2012 Annual Membership Drive. Give the Gift of Life to the Homeless Pets of Moab AND yourself or the animal lover in your life with the HSMV Membership and Membership Plus card that offers you year round discounts to Moab restaurants and retailers! Purchase your membership at our adoption days, Moab Barkery or by calling (435) 259-4862



This page sponsored by:



#### New Arrivals...

- Diamond Naturals Dog & Cat Food
- Zupreem Bird Food
- Bravo Raw Diet & Frozen Bones

High Quality Pet Foods, Treats,  
Outdoor Gear, Gifts and more

**Open at 10am DAILY**  
**82 N. Main**  
**435-259-8080**

[www.moabbarkery.com](http://www.moabbarkery.com)

Self-Service Dog Wash starts @ \$10



# 9th Annual

# MOAB FOLK FESTIVAL

## NOVEMBER 3-6, 2011

**Thursday NOVEMBER 3, 2011**

### BENEFIT CONCERT and REGIONAL SHOWCASE

**Red Rock Rondo**  
performing  
**Zion Canyon Song Cycle**

**Star Hall 7:30 - 9:30 pm**

with - Phillip Bimstein, Hal Cannon, Kate MacLeod, Charlotte Bell, Flavia Cervino-Wood and Harold Carr

- ★ Free & Open to the Public (DONATIONS APPRECIATED)
- ★ Silent Auction & Raffle
- ★ Refreshments Available

### Workshops Saturday, Nov. 5



**Red Rock Bakery - 74 South Main**

**10 AM** Phillip Bimstein: "Composing a Community: Collaborative Performance of a New Democracy"

**Moab Information Center - Center & Main**

**10 AM** Penny Nichols: "Community Choir"

**11 AM** Interview with FERRON conducted by Hal Cannon

### Sunday, Nov. 6

**Red Rock Bakery - 74 South Main**

**10 AM** Hal Cannon: "Geography of Song"

**Moab Information Center - Center & Main**

**10 AM** Singers in the Round: Karen Savoca with Pete Heitzman, Alicia McGovern and TBD

**11 AM** Interview with CHERYL WHEELER conducted by Hal Cannon

### Festival Pass— \$115

A 3-Day Festival Pass will gain you entrance to all artist performances.

Please note that this year all evening performances will be at the Grand County High School Auditorium.

You will see all Festival performers scheduled—you will miss no one!

### Single Venue Pass—\$30

This pass allows entrance to all of the performances at ONE of the following:

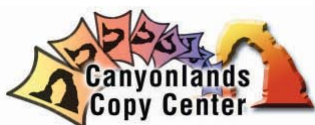
- Friday Night at the Grand County High School Auditorium (GCHSA) (3 performers; see schedule)
- Saturday Daytime at the Moab City Ball Field (3 performers; see schedule)
- Saturday Night at the GCHSA (3 performers; see schedule)
- Sunday Daytime at the Moab City Ball Field (3 performers; see schedule)

**Tickets available online at:**  
[www.moabfolkfestival.com](http://www.moabfolkfestival.com)

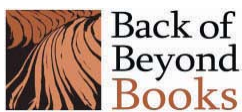
**Or locally at:**

**Canyonlands Copy Center**

**Back of Beyond Books**



375 S. Main • 259-8431



89 N. Main • 259-0782

### RULES TO LIVE BY

- All venues are alcohol & drug free. please do not attempt to bring prohibited substances into festival venues.
- Sorry, no dogs or other pets allowed at festival venues.
- Indoor venue doors will close 10 minutes prior to performance.

- Please, no glass containers or coolers in festival venues.
- PLEASE, no recording of any kind (sound, video, pictures, etc.).
- PLEASE, turn off cell phones while attending indoor venues.

## FESTIVAL SCHEDULE

**Friday  
NOVEMBER 4, 2011**

**Grand County High School**  
608 South 400 East

7:00PM	ALICIA MCGOVERN
8:00PM	KAREN SAVOCA & PETE HEITZMAN
9:00PM	FERRON

AFTER HOURS JAM SESSIONS @ EDDIE MCSTIFF'S

**Saturday  
NOVEMBER 5, 2011**

**Moab Ball Field** Center St. 200 East

12:00PM	WAITING ON TRIAL
1:30PM	BORIS MCCUTCHEON & THE SALT LICKS
3:00PM	MICHAEL MARTIN MURPHEY

**Grand County High School**  
608 South 400 East

7:00PM	ANTJE DUVEKOT
8:00PM	PETER MULVEY
9:00PM	CHERYL WHEELER

AFTER HOURS JAM SESSIONS @ EDDIE MCSTIFF'S

**Sunday  
NOVEMBER 6, 2011**

**Moab Ball Field** Center St. 200 East

12:00PM	KATE MACLEOD
1:30PM	STEVE FORBERT
3:00PM	KARLA BONOFF w/ NINA GERBER

**Schedule subject to last minute changes.**

Free workshops with some of our festival artists on Saturday and Sunday mornings. Check out our website for more details.

**435-259-3198** @ [www.moabfolkfestival.com](http://www.moabfolkfestival.com)